SWISS MEDICAL NETWORK



Andrea Amico

Sports physiotherapist

Languages

IT,DE,FR,EN

Education

2023	Sport Certificate in Managing the Athlete - New Master
2023	Barca innovation hub: • Certificate in Workload and Injury in Team Sports • Certificate in Profiling and Monitoring of Athletes using Force Platform Technology
2023	Integration of manual therapy with indications and therapeutic proposals in musculoskeletal management of the lower limb, at SUPSI, Manno.
2020–2023	FSEA - Federal Vocational Certificate of Trainer (APF) at Labor Transfer, Camorino
2022	Certificate of competence, Sports ER in Medical Emergency Management in Sport Advanced Level Course, Royal College of Surgeons (Edin)
2022	Differential Diagnosis and Pharmacology, at SUPSI, Manno
2021	CAS in Musculoskeletal Physiotherapy at SUPSI, Manno
2021	Dry needling and manual therapy in the treatment of myofascial trigger points, at SUPSI, Manno
2021	Principles of strength and conditioning, Galactic guide for physiotherapists (online)
2021	CPP, Conflict? Learning to live it to feel better, Daniele Novara, Piacenza
2021	CPP, Maieutics and the creative dimension of Domandare, Daniele Novara, Piacenza
2021	The band, from form to function, Viterbo
2021	Whiplash and associated disorders, Viterbo
2020	Functional therapeutic movement - Ben Cormack (online)
2020	Explain pain with Irene Wicki at SUPSI, Lugano
2020	Non-traumatic shoulder pain with Anju Jaggi at SUPSI, Manno
2016–2019	University of Applied Sciences and Arts of Southern Switzerland, SUPSI, Manno. Bachelor's degree in the profession of Physiotherapist. Awarded the PhysioSwiss prize for the best Bachelor's thesis at national level
2018	Topographical and functional anatomy on anatomical preparations at the Institute of Anatomy, University of Bern
2012–2016	Specialised School for Health and Social Professions, SSPSS in Giubiasco. Obtaining the AFC diploma and maturity as a Social Worker

Work Experience

since 2023	30% SUPSI employee at DEASS Professional lecturer in the Bachelor in Physiotherapy, Manno
since 2023	Physiotherapist Hockey Club Ladies Lugano team
since 2021	Physiotherapy employee (50%) at the Sports Centre, Ars Medica, Manno
since 2016	Civil defence soldier - Assistant
2019–2023	50% SUPSI employee at DEASS Bachelor's assistant in physiotherapy, Manno
2020–2021	50% physiotherapist employee at the private practice "Myfisio Santini e Vidal", Lamone
2019	Professional internship as physiotherapist at Clinica Ars Medica, Gravesano
2018–2019	Professional internship as physiotherapist at EOC Ospedale Regionale di Lugano - Civico
2017–2018	Professional internship as physiotherapist at EOC Rehabilitation Clinic, Novaggio
2016–2017	Professional internship as physiotherapist at the old people's home Girotondo, Novazzano
2015–2016	Professional internship as OSS at OBV, Mendrisio
2014–2015	Professional internship as OSS at Casa per anziani Santa Lucia, Arzo
2013–2014	Professional internship as OSS at the municipal home for the elderly, Balerna
2012–2013	Professional internship as OSS at the San Rocco retirement home, Morbio Inferiore

Accreditation

Clinica Ars Medica

Ars Medica Manno

Specialties

Physiotherapy

Contact

Ars Medica Centro Medico
Via Cantonale 38
6928 Manno

T +41 91 611 64 80
info@arsmedica.ch

Download vCard