SWISS MEDICAL NETWORK



Dr. med. Gaetano Bianchi

Specialist in dietology and nutrition applied to sport

Languages

IT,EN

Work Experience

since 2011	Hospital doctor at the Ars Medica Clinic in Gravesano
since 2010	Physician at the Italian Sports Medical Federation
since 2010	Certifying physician for non-competitive sports eligibility for the FMSI (Italian Medical Sports Federation)
since 2001	Freelance activity as Nutritionist Physician Ener Zona Consultant, evaluation of nutritional status and body composition through whole-body bioelectrical impedance analysis (BIA)
since 1999	Freelance activity as Posturologist - Specialist in postural gymnastics Mezieres method, Panca Fit method, Cranio Sacral Therapy according to Upledger
2007–2017	Official physician of the men's water polo Serie A team Società Como Nuoto
1998–2011	Medical Director of Internal Medicine, Department of Emergency and Emergency Medicine, Sant'Anna Hospital, Como
2001–2007	Official doctor of the A Series women's basketball team Società Ginnastica Comense

Education

since 2015	Qualification as PSS-D Teacher-Instructor for the FMSI (Italian Medical Sport Federation): First Aid in Sport with the use of the semi-automatic external defibrillator
since 2001	Certification as "Master Ener Zone Consultant
2017	Master Zone Consultant
2016	FCTSA Lugano - Course Advance Cardiac Life Support Provider (A.C.L.S.) - Imparted according to the directives of the American Heart Association
2016	FCTSA Lugano - Course Advance Cardiac Life Support Provider (A.C.L.S.) - Imparted according to the directives of the American Heart Association
2016	FTCA Lugano - Training BLS-DAE Basic Life Support (B.L.S.) Automatic external defibrillation
2015	Qualification as PSS-D Teacher-Instructor for the FMSI (Italian Medical Sport Federation)
2007	Medical posturologist Mezierista
2003	Training in osteopathy and cranio-sacral therapy
2002	Training for specialisation in dietetics and nutrition applied to sport

1998	Training in manual medicine, manipulation and mobilisation of the osteomuscular system
1993–1997	Training Sports Medicine training methodology and food science applied to sport
1984	Degree in Medicine

Accreditation

Clinica Ars Medica

Ars Medica Manno

Specialties

Nutritional counseling

Contact

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