



SWISS MEDICAL  
NETWORK



# Dr. med. Franco Bidoglio

## Sports Medicine

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### Languages

IT,EN,DE,FR

### Work Experience

- since 2026 **XXV Olympic Winter Games - International Olympic Committee IOC**  
Milano - Cortina, Italy  
**Sports and Exercise Medicine Physician**
  - Member of Medical Department
- since 2024 **Swiss Football Association (ASF) Switzerland**  
**Sports and Exercise Medicine Physician**
  - Member of Medical Department for Swiss National Team - Male Youth Selections
- since 2023 **Mapei Sport Service Olgiate Olona, Italy**  
**Sports and Exercise Medicine Physician**
  - Sports Trauma and Rehabilitation
  - Sports Cardiology
  - Athlete Screening
  - Exercise Prescription
- since 2023 **Football Club Lugano Lugano, Switzerland**  
**Sports and Exercise Medicine Physician**
  - Team Doctor - Swiss Super League | UEFA Champions League | UEFA Europa League | UEFA Conference League
- since 2023 **Campus Ludes University Lugano, Switzerland**  
**Professor - Bachelor's of Physiotherapy**
  - Physiotherapy in Traumatology
- since 2023 **Hockey Club Lugano Lugano, Switzerland**  
**Sports and Exercise Medicine Physician**
  - Consultant
  - Sports Trauma and Rehabilitation
  - Athlete Screening
- since 2022 **Clinica Ars Medica - Centro dello Sport - Swiss Olympic Medical Center**  
Gravesano - Manno, Switzerland  
**Sports and Exercise Medicine Physician**
  - Sports Trauma and Rehabilitation
  - Sports Cardiology
  - Athlete Screening
  - Musculoskeletal Ultrasound (MSK-US)
  - Ultrasound Intra-Articular Guided Injections
  - Regenerative Medicine
  - Cardiopulmonary Exercise Test (CPET)

- 2022 **Isokinetic Medical Group – FIFA Medical Centre of Excellence** Bologna - Milano, Italy  
**Sports and Exercise Medicine Physician**
- Visiting Doctor
  - Sports Trauma and Rehabilitation
- 2021 **Paris Saint-Germain Football Club** Paris, France  
**Sports and Exercise Medicine Physician**
- Resident
  - Medical Assistant and Internship
  - Thesis Project on Muscle Injuries
- 2017-2021 **University of Pavia - Interdepartmental Centre of Biology and Sports Medicine Pavia**, Italy  
**Sports and Exercise Medicine Physician**
- Resident
  - Sports Trauma and Rehabilitation
  - Sports Cardiology
  - Sports Radiology
  - Athlete Screening
  - Cardiopulmonary Exercise Test (CPET)
  - Exercise Prescription
  - Sports Science
- 2019 **Aspetar Orthopaedic and Sports Medicine Hospital - FIFA Medical Center of Excellence** Doha, Qatar  
**Sport and Exercise Medicine Physician**
- Resident
  - Medical Assistant and Internship
  - Sports Trauma and Rehabilitation
  - Sports Radiology
  - Athlete Screening
  - Regenerative Medicine
  - Sports Science
- 2010-2016 **Circolo Fondazione Macchi Hospital | University of Insubria** Varese, Italy  
**Medical Assistant**
- Internal Medicine Department
  - General and Toracic Surgery Department
  - Pediatric Medicine Department
  - Orthopaedic and Traumatology Department

## Education

- 2026 **Advanced Training in Musculoskeletal Interventional Ultrasound** SIUMB - The Rizzoli Orthopaedic Institute (IOR), Bologna, Italy
- 2024-2025 **Master's Degree in Sports Cardiology** University of Padova, Padova, Italy
- 2024 **Advanced Training in Ultrasound Intra-Articular Guided Injections** J|medical, Torino, Italy
- 2024 **Cardiopulmonary Resuscitation and Emergency Defibrillation in Adults and Paediatrics Patients** IRC - ERC - ILCOR, Milano, Italy
- 2023 **Advanced Training in Cardiopulmonary Exercise Test (CPET)** Monzino Cardiological Center University of Milan, Milano, Italy
- 2023 **Advanced Training in Treatment of Tendinopathy | Percutaneous Electrolysis Ultrasound Guided** J|medical, Torino, Italy
- 2022-2023 **Master's Degree in Sports Orthopaedic and Trauma** University of Bologna - Humanitas University of Milan, Bologna - Milano, Italy
- 2021 **Advanced Training in Musculoskeletal Ultrasound (MSK-US)** SIUMB - The Maggiore Hospital, Bologna, Italy
- 2017-2021 **Sports and Exercise Medicine** University of Pavia, Pavia, Italy
- 2016 **Degree in Medicine and Surgery** University of Insubria, Varese, Italy

## Publications

- 2025 **Hamstring T-Junction surgical repair: an elite footballer's return to play journey through a new football centered complex approach**  
• **Authors** Massimo Zanovello, Mattia Bianchi, Lasse Lempainen, Marano Marco, Franco Bidoglio, Luis Suarez Arrones  
• **Journal Name** International Journal of Sports Physical Therapy (IJSPT) - Case Reports  
• **Volume, Issue and Pages** 20(5):727-74
- 2024 **Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life**  
• **Authors** Franco Bidoglio, Roberto Bottinelli, Maria Rita Gualea  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 77(3):390-402
- 2023 **La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse**  
• **Authors** Franco Bidoglio, Peter Jenoure  
• **Journal Name** Sports & Exercise Medicine Switzerland Journal (SEMS Journal)  
• **Volume, Issue and Pages** December 2023
- 2023 **Sem around the world**  
• **Authors** Franco Bidoglio  
• **Journal Name** British Journal of Sports Medicine - Open Sport & Exercise Medicine  
• **Volume, Issue and Pages** September 2023
- 2022 **Specific Sports Related Injuries**  
Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running  
• **Authors** Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio  
• **Volume, Issue and Pages** CH.14(187-196)  
• **Publisher** Springer
- 2021 **Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support**  
• **Authors** Franco Bidoglio, Carmine Stefano Poerio, Massimo Testa, Roberto Bottinelli, Daniele Zaccaria  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 74(2):346-8
- 2021 **Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era**  
• **Authors** Giovanni Camporeale, Esmeralda Eshja, Oronzo Catalano, Franco Bidoglio, Roberto Bottinelli, Daniele Zaccaria  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 74(4):706-13
- 2019 **Sudden death in football: really so frequent or amplified media?**  
• **Authors** Franco Bidoglio, Matteo Ceccaroli, Emanuele Facchinetti, Carmine Stefano Poerio, Federico Brunetti, Daniele Zaccaria, Roberto Bottinelli  
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine
- 2019 **Ventricular extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path**  
• **Authors** Carmine Stefano Poerio, Daniele Zaccaria, Emanuela Longa, Luigi D'Introno, Emanuele Facchinetti, Franco Bidoglio, Roberto Bottinelli  
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine

## Handouts Presentations

Speaker and Guest at National and International Conferences

- Sports Medicine
- Rehabilitation
- Cardiology
- Orthopaedic and Traumatology
- Regenerative Medicine

## Memberships

- |            |   |
|------------|---|
| since 2019 | <b>Italian Federation of Sports Medicine - FMSI</b> <ul style="list-style-type: none"><li>• Number 22277</li></ul>                              |
| 2022       | <b>Mebeko, Switzerland</b> <ul style="list-style-type: none"><li>• GLN 760100156925</li></ul>   |
| 2017       | <b>Board of Physicians and Surgeons, Italy</b> <ul style="list-style-type: none"><li>• Board of Varese Province</li><li>• Number 7715</li></ul> |

## Accreditation

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

[Ars Medica Agno](#)

## Specialties

[Sports medicine](#)

## Contact

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