SWISS MEDICAL NETWORK



Dr. med. Franco Bidoglio

Sports Medicine

Languages

IT,EN,DE,FR

Work Experience

since 2026 **XXV Olympic Winter Games - International Olympic Committe IOC**
Milano - Cortina, Italy
Sports and Exercise Medicine Physician
• Member of Medical Department

since 2024 **Swiss Football Association (ASF)** Switzerland
Sports and Exercise Medicine Physician
• Member of Medical Department for Swiss National Team - Male Youth Selections

since 2023 **Mapei Sport Service** Olgiate Olona, Italy
Sports and Exercise Medicine Physician
• Sports Trauma and Rehabilitation
• Sports Cardiology
• Athlete Screening
• Exercise Prescription

since 2023 **Football Club Lugano** Lugano, Switzerland
Sports and Exercise Medicine Physician
• Team Doctor - Swiss Super League | UEFA Champions League | UEFA Europa League | UEFA Conference League

since 2023 **Campus Ludes University** Lugano, Switzerland
Professor - Bachelor's of Physiotherapy
• Physiotherapy in Traumatology

since 2023 **Hockey Club Lugano** Lugano, Switzerland
Sports and Exercise Medicine Physician
• Consultant
• Sports Trauma and Rehabilitation
• Athlete Screening

since 2022 **Clinica Ars Medica - Centro dello Sport - Swiss Olympic Medical Center**
Gravesano - Manno, Switzerland
Sports and Exercise Medicine Physician
• Sports Trauma and Rehabilitation
• Sports Cardiology
• Athlete Screening
• Musculoskeletal Ultrasound (MSK-US)
• Ultrasound Intra-Articular Guided Injections
• Regenerative Medicine
• Cardiopulmonary Exercise Test (CPET)

2022 **Isokinetic Medical Group – FIFA Medical Centre of Excellence** Bologna - Milano, Italy
Sports and Exercise Medicine Physician
• Visiting Doctor
• Sports Trauma and Rehabilitation

2021 **Paris Saint-Germain Football Club** Paris, France
Sports and Exercise Medicine Physician
• Resident
• Medical Assistant and Internship
• Thesis Project on Muscle Injuries

2017–2021 **University of Pavia - Interdepartmental Centre of Biology and Sports Medicine Pavia**, Italy
Sports and Exercise Medicine Physician
• Resident
• Sports Trauma and Rehabilitation
• Sports Cardiology
• Sports Radiology
• Athlete Screening
• Cardiopulmonary Exercise Test (CPET)
• Exercise Prescription
• Sports Science

2019 **Aspetar Orthopaedic and Sports Medicine Hospital - FIFA Medical Center of Excellence** Doha, Qatar
Sport and Exercise Medicine Physician
• Resident
• Medical Assistant and Internship
• Sports Trauma and Rehabilitation
• Sports Radiology
• Athlete Screening
• Regenerative Medicine
• Sports Science

2010–2016 **Circolo Fondazione Macchi Hospital | University of Insubria** Varese, Italy
Medical Assistant
• Internal Medicine Department
• General and Toracic Surgery Department
• Pediatric Medicine Department
• Orthopaedic and Traumatology Department

Education

2026 **Advanced Training in Musculoskeletal Interventional Ultrasound** SIUMB - The Rizzoli Orthopaedic Institute (IOR), Bologna, Italy

2024–2025 **Master's Degree in Sports Cardiology** University of Padova, Padova, Italy

2024 **Advanced Training in Ultrasound Intra-Articular Guided Injections** J|medical, Torino, Italy

2024 **Cardiopulmonary Resuscitation and Emergency Defibrillation in Adults and Paediatrics Patients** IRC - ERC - ILCOR, Milano, Italy

2023 **Advanced Training in Cardiopulmonary Exercise Test (CPET)** Monzino Cardiological Center University of Milan, Milano, Italy

2023 **Advanced Training in Treatment of Tendinopathy | Percutaneous Electrolysis Ultrasound Guided** J|medical, Torino, Italy

2022–2023 **Master's Degree in Sports Orthopaedic and Trauma** University of Bologna - Humanitas University of Milan, Bologna - Milano, Italy

2021 **Advanced Training in Musculoskeletal Utrasound (MSK-US)** SIUMB - The Maggiore Hospital, Bologna, Italy

2017–2021 **Sports and Exercise Medicine** University of Pavia, Pavia, Italy

2016 **Degree in Medicine and Surgery** University of Insubria, Varese, Italy

Publications

2025 **Hamstring T-Junction surgical repair: an elite footballer's return to play journey through a new football centered complex approach**
• **Authors** Massimo Zanovello, Mattia Bianchi, Lasse Lempainen, Marano Marco, Franco Bidoglio, Luis Suarez Arrones
• **Journal Name** International Journal of Sports Physical Therapy (IJSPT) - Case Reports
• **Volume, Issue and Pages** 20(5):727-74

2024 **Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life**
• **Authors** Franco Bidoglio, Roberto Bottinelli, Maria Rita Gualea
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 77(3):390-402

2023 **La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse**
• **Authors** Franco Bidoglio, Peter Jenoure
• **Journal Name** Sports & Exercise Medicine Switzerland Journal (SEMS Journal)
• **Volume, Issue and Pages** December 2023

2023 **Sem around the world**
• **Authors** Franco Bidoglio
• **Journal Name** British Journal of Sports Medicine - Open Sport & Exercise Medicine
• **Volume, Issue and Pages** September 2023

2022 **Specific Sports Related Injuries**
Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running
• **Authors** Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio
• **Volume, Issue and Pages** CH.14(187-196)
• **Publisher** Springer

2021 **Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support**
• **Authors** Franco Bidoglio, Carmine Stefano Poerio, Massimo Testa, Roberto Bottinelli, Daniele Zaccaria
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 74(2):346-8

2021 **Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era**
• **Authors** Giovanni Camporeale, Esmeralda Eshja, Oronzo Catalano, Franco Bidoglio, Roberto Bottinelli, Daniele Zaccaria
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 74(4):706-13

2019 **Sudden death in football: really so frequent or amplified media?**
• **Authors** Franco Bidoglio, Matteo Ceccaroli, Emanuele Facchinetti, Carmine Stefano Poerio, Federico Brunetti, Daniele Zaccaria, Roberto Bottinelli
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine

2019 **Ventricular extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path**
• **Authors** Carmine Stefano Poerio, Daniele Zaccaria, Emanuela Longa, Luigi D'Introno, Emanuele Facchinetti, Franco Bidoglio, Roberto Bottinelli
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine

Handouts Presentations

Speaker and Guest at National and International Conferences

- Sports Medicine
- Rehabilitation
- Cardiology
- Orthopaedic and Traumatology
- Regenerative Medicine

Memberships

since 2019	**Italian Federation of Sports Medicine - FMSI** • Number 22277
2022	**Mebeko, Switzerland** • GLN 760100156925
2017	**Board of Physicians and Surgeons, Italy** • Board of Varese Province • Number 7715

Accreditation

Clinica Ars Medica

Ars Medica Manno

Ars Medica Agno

Specialties

Sports medicine

Contact

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