

# Dr. med. Franco Bidoglio

## Sports Medicine

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### Languages

IT,EN,DE,FR

### Work Experience

- since 2023 Sports and Exercise Medicine, Elite Athlete Screening  
MAPEI SPORT SERVICE and RESEARCH CENTER - US SASSUOLO  
Calcio Medical and Performance Partner (Italy)
- since 2023 Sports and Exercise Medicine, Team Doctor  
FC LUGANO, Suisse Super League, UEFA Conference League, UEFA  
Champions League (Switzerland)
- since 2023 Medical Coordinator, Sports and Exercise Medicine  
TEAM TICINO Football Club Elite Youth Sector (Switzerland)
- since 2023 Sports Medicine, Consultant  
HOCKEY CLUB LUGANO, National League, Swiss Hockey  
League (Switzerland)
- since 2023 Professor - Bachelor of Science in Physiotherapy  
Sports Trauma and Rehabilitation  
CAMPUS LUDES UNIVERSITY (Switzerland)
- since 2022 Sports Trauma, Sports Rehabilitation, Regenerative Medicine, Sports  
and Exercise Medicine  
CENTRO DELLO SPORT, Swiss Olympic - CLINICA ARS MEDICA  
(Switzerland)
- since 2017 Medical Consultant  
Italian National Olympic Committee (CONI) and Union Cycliste  
Internationale (UCI) (Italy)
- 2026 Sports Medicine Doctor  
Olympic Winter Games™ Milano-Cortina 2026
- 2022 Visiting Doctor  
Sports Medicine and Rehabilitation  
ISOKINETIC Medical Group - FIFA Medical Centre of Excellence (Italy)
- 2021 Medical Assistant - Medical Internship  
Data Analysis - Thesis Project  
PARIS SAINT-GERMAIN Football Club 1st team (France)
- 2019-2021 Medical Consultant and Team Doctor  
Medical care for youth teams and first team AURORA PRO PATRIA  
1919 - FIGC, Championship Serie C  
AURORA PRO PATRIA 1919 (Italy)
- 2017-2021 Resident in Sports and Exercise Medicine  
University of Pavia - San Matteo Hospital - Residency in Sport and  
Exercise Medicine (Italy)
- 2019 Medical Assistant - Medical Internship  
ASPETAR Orthopaedic and Sport Medicine Hospital - FIFA Medical  
Centre of Excellence (Qatar)

- 2014–2017 Medical Assistant  
Tissue bioengineering and arthroplasty techniques efficacy assessment for cartilage and bone injury, orthopaedic  
Insubria di Varese University (Italy)
- 2012–2016 Medical Assistant - Orthopaedic and Traumatology Institute, Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)
- 2011 Medical Assistant at Filippo del Ponte Fondazione Macchi Varese, Insubria di Varese University Paediatric Institute (Italy)
- 2011 Medical Assistant at the Circolo Fondazione Macchi Varese Hospital Institute of Internal Medicine, Insubria di Varese University (Italy)
- 2010 Medical Assistant at the General Surgery Institute – Thoracic specialisation at the Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)

## Education

- 2024–2025 Master Degree in Cardiology  
University of Padova (Italy)
- 2024 Ultrasound intra-articular guided injections  
Advanced training in ultrasound guided injections  
J-Medical Center – Turin (Italy)
- 2024 Cardiopulmonary Resuscitation  
BLS/D/PBLS/D – Cardio-pulmonary resuscitation and emergency defibrillation in adults and paediatric patients
- 2023 Cardiopulmonary Exercise Test (CPET)  
Advanced Training in CPET  
University of Milan – Centro Cardiologico Monzino – Milano (Italy)
- 2023 Electrolysis Percutanea US-guided  
Intensive Training in Treatment of Tendinopatgy  
J-Medical Center – Turin (Italy)
- 2022–2023 Master Degree in Orthopedics and Sports Traumatology  
Training in Orthopedics and Sports Traumatology  
University of Bologna – Humanitas University of Milan – University of Modena and Reggio Emilia (Italy)  
Prof. Stefafano Zaffagnini – Prof. Maurilio Marcacci – Prof. Fabio Catani
- 2022 Registration on Mebeko under GLN 760100156925 (Switzerland)
- 2021 Advanced Training in Musculo – Skeletal Ultrasound  
Musculo – Skeletal Pathology  
SIUMB c/o Ospedale Maggiore, Bologna (Italy)
- 2017–2021 Sports and Exercise Medicine Physician (marks: 50/50 cum laude) - experimental thesis on: “Hamstring injuries in football players: correlation between MRI findings and return to play” – Supervisor Prof. Maria Antonietta Pellegrino; Co-supervisor Dott. Cristiano Eirale  
University of Pavia (Italy)
- 2017 Basic course in Aviation and Space Medicine  
Training as Aeromedical Examiner (AME)  
Aviation and Space Medicine Training Institute, Viale Piero Gobetti 2, 00185 Rome (Italy)  
ENAC – Italian Air Force
- 2017 Registration on the Province of Varese Board of Physicians and Surgeons under no. 7715 (Italy)  
License to practise medicine; II session, academic year 2016 (Italy)
- 2016 Degree in Medicine (marks: 109 / 110) with experimental thesis on: “Implantation of autologous cultured chondrocytes on collagen membrane (MACI): long-term clinical prospects and imaging study” – Supervisor Prof. Paolo Cherubino; Co-supervisor Prof. Mario Ronga  
Insubria University, Varese (Italy)

## Publications

### ABSTRACT

- “Hamstring T-Junction surgical repair: an elite footballer’s RTP journey” - Isokinetic Conference abstract book 2024

#### JOURNAL

- Franco BIDOGLIO, Peter JENOURE (2023) “La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse” - Sports & exercise medicine Switzerland - SEMS JOURNAL
- Franco BIDOGLIO (2023) “Sem around the world” - British Journal of Sports Medicine - Open Sport & Exercise Medicine
- Franco BIDOGLIO, Carmine S. POERIO, Massimo TESTA, Roberto BOTTINELLI, Daniele ZACCARIA (2021) “Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support” - Medicina dello Sport 74(2):346-8
- Giovanni M. CAMPOREALE, Esmeralda ESHJA, Oronzo CATALANO, Franco BIDOGLIO, Roberto BOTTINELLI, Daniele ZACCARIA (2021) “Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era” - Medicina dello Sport 74(4): 706-13
- Franco Bidoglio (2024) “Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life” - Medicina dello Sport - Minerva Medica

#### BOOK

- Title: Specific Sports Related Injuries - SPRINGER -Switzerland (2022)  
Section: CH.14 (187-196) - “Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running”  
Authors: Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio

#### POSTER

- Bidoglio F., Ceccaroli M., Facchinetti E., Poerio CS., Brunetti F., Zaccaria D., Bottinelli R.  
“Sudden death in football: really so frequent or amplified media?”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Poerio CS., Zaccaria D., Longa E., D'Introno L., Facchinetti E., Bidoglio F., Bottinelli R.  
“Ventricular Extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Zaccaria D., Manoli G., Bidoglio F., Ceccaroli M., Rottenbacher C., Bottinelli R.  
“Case Report: Adas and Safety in cycling”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019
- Gualea MR., Ceccaroli M., Bidoglio F., Facchinetti E., Asta A., Eshja E., Brunetti F., Negro MC., Bottinelli R.  
“Subepicardial scar: case report”  
XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

### Handouts Presentations

Relatore ed ospite a conferenze nazionali ed internazionali

### Competences

- Sport and Exercise Medicine
- Sports Trauma and Rehabilitation
- Regenerative Medicine
- Performance Evaluation
- Team Doctor

## Accreditation

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

[Ars Medica Agno](#)

## Specialties

[Sports medicine](#)

## Contact

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