



Dr. med. Alexandre Brügger

FMH Specialist in Orthopedic Surgery and Traumatology

Languages

FR,EN,DE

Work Experience

since 2025	Accredited Physician, Clinique de Montchoisi, Lausanne, Switzerland
2022–2024	Senior Registrar in the Department of Orthopaedics and Traumatology, CHUV, Lausanne, Switzerland
2021–2022	Assistant Chief of Clinic in Orthopaedics and Traumatology, CHUV, Lausanne, Switzerland
2020–2021	Assistant Chief of Clinic, in the department of Orthopaedic and Trauma Surgery, Nyon Hospital (GHOL), Nyon, Switzerland
2017–2020	Resident Physician in Training, Department of Orthopaedics and Traumatology, CHUV, Lausanne, Switzerland
2016–2017	Resident Physician, Department of Orthopaedic and Trauma Surgery, Valais Hospital, Martigny and Sion, Switzerland
2014–2016	Resident Physician, Department of Cardiovascular Surgery, CHUV, Lausanne, Switzerland

Education

2023	Board Certification in Orthopaedic Surgery and Traumatology of the Musculoskeletal System
2023	MD Degree with Doctoral Thesis (Doctoral School, UNIL)
2021	Best Oral FMH Exam in Orthopaedic and Trauma Surgery
2021	Written Board Examination FMH Orthopaedic and Trauma Surgery
2018	Intermediate Exam Anatomy and Surgical Approaches
2017	AO Trauma Course - Basic Principles of Fracture Management for Swiss Surgeons
2016	Basic Surgery Exam
2015	ATLS
2014	Federal Medical Diploma Faculty of Medicine (University of Geneva)
2011–2014	Master of Medicine (Faculty of Medicine, University of Geneva)
2007–2011	Bachelor of Medicine (Faculty of Medicine, University of Geneva)

Publications

Thesis supervised by Dr. Sylvain Steinmetz, first author, lead author:
“Prosthetic fitting associated with better survival at 5 years after above-knee amputation due to vascular insufficiency”

Research supervised by Dr. Sylvain Steinmetz, second author, lead author:
"Fracture of the patella in adult patients"

Accreditation

[Clinique de Montchoisi](#)

Specialties

[Orthopaedic surgery](#)

[Knee pain and knee surgery](#)

[Knee prosthesis](#)

Contact

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