



# Charlotte Brun

Teacher of Adapted Physical Activity (APA)

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## Languages

FR,EN

## Education

|           |                                                                                                                                         |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------|
| 2018      | Youth & Sports « Sport and handicaps » diploma, Macolin, Switzerland                                                                    |
| 2016–2018 | Master of Science in Movement and Sport Sciences (majoring in Adapted Physical Activities and Health), Lausanne University, Switzerland |
| 2015–2016 | Youth and Sports instructor for downhill and cross-country skiing and school sports                                                     |
| 2013–2016 | Bachelor of Science in Sport and Physical Education, Lausanne University, Switzerland                                                   |
| 2014      | BrevetPlus Pool, Swimming pool rescue certificate, Switzerland<br>Recertification in 2018                                               |
| 2014      | BLS-AED Certification, First-aid training, Switzerland<br>Recertification in 2017 and 2018                                              |
| 2012      | High school diploma in sciences, Anna de Noailles School, Evian-les-Bains, France                                                       |

## Work Experience

|            |                                                                                                                                                               |
|------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| since 2018 | Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland                                                                 |
| since 2016 | Supervision and assistance of persons with mental and/or motor disabilities during sports days (skiing, swimming, team sports)                                |
| 2017–2018  | Supply Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland                                                          |
| 2017       | Conception of exercise programs and supervision for para and quadriplegic patient training sessions over an 8-month period, Swiss Recovery Center, Villeneuve |

## Media

### Radio

- 2021, interview ["Alter G et orthopédie"](#)
- 2021, interview ["APA et orthopédie"](#)

## Accreditation

[Clinique Valmont](#)

## Specialties

[Adapted physical activity](#)

[Alter G](#)

[Global reconditioning](#)

## Contact

**Clinique Valmont**

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