SWISS MEDICAL NETWORK



Charlotte Brun

Teacher of Adapted Physical Activity (APA)

Languages

FR,EN

Education

2018	Youth & Sports « Sport and handicaps » diploma, Macolin, Switzerland
2016–2018	Master of Science in Movement and Sport Sciences (majoring in Adapted Physical Activities and Health), Lausanne University, Switzerland
2015–2016	Youth and Sports instructor for downhill and cross-country skiing and school sports
2013–2016	Bachelor of Science in Sport and Physical Education, Lausanne University, Switzerland
2014	BrevetPlus Pool, Swimming pool rescue certificate, Switzerland Recertification in 2018
2014	BLS-AED Certification, First-aid training, Switzerland Recertification in 2017 and 2018
2012	High school diploma in sciences, Anna de Noailles School, Evian-les-Bains, France

Work Experience

since 2018	Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
since 2016	Supervision and assistance of persons with mental and/or motor disabilities during sports days (skiing, swimming, team sports)
2017–2018	Suppy Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
2017	Conception of exercise programs and supervision for para and quadriplegic patient training sessions over an 8-month period, Swiss Recovery Center, Villeneuve

Media

Radio

- 2021, interview "Alter G et orthopédie"
- 2021, interview "APA et orthopédie"

Accreditation

Clinique Valmont

Specialties

Adapted physical activity

Alter G

Global reconditioning

Contact

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