



## Dr. med. Viviane Centmaier-Molnar

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system  
Member FMH

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### Languages

DE,FR,EN

### Education

2021	Travelling Fellowship Swiss Foot and Ankle Society (SFAS)
2021	Certificate of competence in sonography of the musculoskeletal system, SGUM
2012	Federal specialist title in orthopaedic surgery and traumatology of the musculoskeletal system
2011–2012	Orthopaedics Orthopaedic University Hospital Balgrist, Zurich (Prof. C. Gerber)
2010	Orthopaedics and Traumatology Hirslanden Klinik St. Anna, Lucerne (Dr Philipp Meyer)
2006–2009	Orthopaedics and Traumatology Cantonal Hospital Bruderholz (Prof. Dr Niklaus Friederich)
2008	Certificate of competence in sports medicine SGSM/SEMS Sports medicine basic course D SGSM, Zurich (Dr med. W.O. Frey)
2007	Sports Medicine Basic Course B SGSM, Leukerbad (Dr H. Spring)
2007	Sports Medicine Basic Course C SGSM, Nottwil (Dr med. B. Villiger)
2005–2006	Surgical Clinic Dornach Hospital (PD Dr Peter Vogelbach)
2005	Dissertation: "Blood doping in elite sport", Prof. Dr A. Gratwohl, Dr P. Jenoure, University of Basel
2005	Sports medicine basic course A SGSM, Magglingen (Dr med. G. Clénin)
2001–2004	Medical studies, University of Basel
1998–2001	Medical studies at the University of Zurich

### Work Experience

since 2021	Attending physician at the Clinic for Orthopaedics and Traumatology at Winterthur Cantonal Hospital
since 2021	Self-employed in the group practice Orthopädie Belair with in-patient work at Privatklinik Belair Schaffhausen and Privatklinik Lindberg Winterthur, Privatklinik Bethanien Zurich
since 2017	Head of foot and knee joint consultation at the Glatt Specialist Centre, Wallisellen

since 2015	Guest lecturer at Zurich University of Applied Sciences (ZHAW) Winterthur; Bachelor's degree programme in Physiotherapy
since 2013	Team doctor / Head of Medical Team Swiss women's national football team (FNT-A)
2012-2021	Senior consultant in orthopaedics and traumatology at Winterthur Cantonal Hospital (Dr Markus Pisan, PD Dr Peter Koch)
2011-2012	Team doctor 1st team men Grasshopper Club Zurich
2007-2011	Various sports medical care, including NWS orienteering squad, junior gymnastics squad Basel-Stadt

## Memberships

Swiss Medical Association (FMH)  
 Swiss Society for Orthopaedics and Traumatology (SGOT)  
 Cantonal Medical Association of Schaffhausen (in the admission procedure)  
 Medical Association of the Canton of Zurich (AGZ)  
 Medical Association of the Districts of Winterthur and Andelfingen (AWA)  
 Swiss Foot and Ankle Society (SFAS)  
 Sport & Exercise Medicine Switzerland (SEMS), formally formerly the Swiss Society for Sports Medicine (SGSM)  
 Society for Arthroscopy and Joint Surgery (AGA)

## Competences

Treatment specialisations

Specialisation in the treatment of (sports) injuries or diseases of the foot/ankle joint and knee joint

- Full range of reconstructive foot and ankle surgery (open and arthroscopic techniques)
- Primary partial knee prostheses and total knee prostheses (individual planning before surgery with 3D model of your knee joint based on your radiological data)
- Arthroscopic knee operations for meniscus or cruciate ligament injuries
- Wide range of conservative therapies for foot and knee joint complaints
- ACP therapy (autologous blood therapy) for the treatment of e.g. arthrosis complaints and sports injuries
- Sonographic diagnostics and therapy of the musculoskeletal system

## Accreditation

[Privatklinik Belair](#)

[Privatklinik Bethanien](#)

[Privatklinik Lindberg](#)

[Medizinisches Zentrum Haus zur Pyramide](#)

## Specialties

[Orthopaedic surgery](#)

[Sports medicine](#)

[Foot/ankle surgery](#)

[Knee pain and knee surgery](#)

[Knee arthroscopy](#)

[Achilles tendon rupture](#)

[Torn ligaments/ligament injuries](#)

[Hallux valgus](#)

[Cruciate ligament tear](#)

## **Contact**

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