



# Dr. med. Humberto Delgado Velez

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## Competences

Care of type 1 and 2 diabetics with multiple cardiovascular risk factors

Endocrine disorders

Current treatments and new technologies

Micronutrition

Therapeutic education

## Work Experience

since 2024	Independent doctor, Genolier Clinic
since 2018	Head of the "Lifestyle modifications and type 2 diabetes remission" programme
2022-2023	Doctor in charge of the DIAFIT programme, Hôpital Pourtalès, RHNE
2020-2023	Hospital doctor in diabetes and endocrinology, Réseau hospitalier Neuchâtelois, RHNE
2010-2020	Doctor in charge of the Diabetes Department, Clinique La Lignière
2009	Doctor in charge of the DIABAIDE project, Ensemble Hospitalier de la Côte
2008-2009	Senior Doctor at the Cardiovascular Rehabilitation Centre in Le Noirmont, Jura
2003-2008	Deputy Chief Doctor at the Clinique Genevoise in Montana, Valais
2001-2003	Head of the Division of Diabetology-Endocrinology, CHUV
1998-2000	Head of the Division of Therapeutic Education for Chronic Diseases of Professor Jean-Philippe Assal, HUG
1996-1998	Internal medicine at Professor Jean-Philippe Assal's Therapeutic Teaching Division for Chronic Diseases, HUG
1994-1996	Full-time Doctor, Endocrinologist-Diabetologist, Internal Medicine, Hôpital Saint-Louis, Paris, France
1992-1994	Internist in the endocrinology department of Professor Gérard Cathelinau, Hôpital Saint Louis, Paris, France
1989-1991	Trainee in the endocrinology department of Professor Jean-Louis Chaussain, Hôpital Saint-Vincent de Paul, Paris, France
1989	Director of the family health programme at the "Rio Manta" Health Centre, Manta, Ecuador
1988-1989	Resident doctor at the Quito Health Centre, Ecuador
1987-1988	Internist at the Hospitals of the "Junta de Beneficiencia", Guayaquil, Ecuador

## Education

2019-2020	Diploma in Micronutrition, Swiss Society of Micronutrition, SSM
2019	Title of FMH Endocrinology-Diabetology
2002	Diploma in Therapeutic Patient Education, University of Geneva
1989-1992	University speciality training, Endocrinology, René Descartes University, Paris, France
1989	Doctorate in Medicine and Surgery from the University of Guayaquil, Ecuador
1980	Science Baccalaureate at the Lycée Salésien San José, Manta, Ecuador

## Media

[25.01.2024, le Journal, Canal Alpha : When diabetes interferes in children's lives](#)

When a disease is declared, it can be a huge struggle for a family. Daily life is turned upside down, and they have to deal with the administrative side of the disease. This is the case for people suffering from type 1 diabetes. This autoimmune disease occurs suddenly, usually in childhood. The pancreas of a child with this form of diabetes stops producing insulin. How can the medical profession help the families affected? We talk to Humberto Delgado Velez, endocrinologist and diabetologist at RHNe.

[Conference: Lifestyle as a treatment for type 2 diabetes](#)

## Accreditation

[Clinique de Genolier](#)

## Specialties

[Diabetology](#)

[Endocrinology](#)

## Contact

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