SWISS MEDICAL NETWORK

Dipl Psych Roberta Donzelli

Psychologist specialising in cancer psychotherapy

Languages

IT

Education

2016	Certificate of advanced studies (CAS) in psycho-oncology - SUPSI - Ticino Cancer League - Swiss Society of Psycho-Oncology
2016	EMDR (1st level) - Eye Movement Desensitization And Reprocessing- organised by EMDR Italia Suisse and Associazione Ticinese Psicologi - Lugano 19-20-21 February 2016
2003–2007	Psychotherapist with psychosomatic orientation, Riza Institute of Psychosomatic Medicine - Four-year School of Specialisation in Psychotherapy (legally recognised by MURST, Ministerial Decree 24/10/94, art. 3 law 56/89)
2006	Expert in emergency psychology, Scuola Superiore di Protezione Civile - "Corso formativo per personale servizio psicologico di emergenza convenzionato con Regione Lombardia". C/o I.Re.F. - Lombardy Regional Training Institute for Public Administration
1995–2006	September 2006 Milan, intervention of psychological assistance to people involved in the collapse of the building in via Lomellina. November 2005 Malpensa, participation in the Maxi-Emergency Exercise at the airport, organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Police Force December 2004 Psychological assistance to people returned to Italy who had experienced the tragedy of the tsunami in the Indian Ocean. December 2002 Cortenova (Lecco), Psychological assistance to the population victims of the landslide in Valsassina (SIPEm). November 2002 S. Giuliano di Puglia - Molise, Psychological assistance to the population affected by the earthquake and collaboration with the Civil Protection for the organisation of intervention plans in schools (SIPEm) April 2002 Cernobbio (Como), participation in the Maxi-Emergency Exercise "Operazione Drago" organised by the Civil Protection, in collaboration with the Fire Brigade, 118 and the Como Police Force 1995 Volunteer at the Neurosurgery and Psychiatry Department of the Ospedale Maggiore Ca' Granda di Niguarda - Milan
2002–2003	Psychologist expert in the problems of urban security, victims and insecurity Advanced training course at the ITARD Centre - Association for Research, Training and Development.
2002	Registration with the Order of Psychologists of Lombardy, no. 03/6906
2002	State examination for qualification as a psychologist University of Turin

1992–2001	Degree course in Clinical and Community Psychology at the State University of Turin Post-graduate traineeship: March 2001 - March 2002 at the Psychology Service of the Mental Health Department of the Sant'Anna Hospital in Como PhD in psychological sciences - five-year degree (old system) Experimental thesis paper: "Analysis of tyrannical and omnipotent behaviour at pre-school age: the parental educational model". Supervisor: Prof. Tilde Giani Gallino

Work Experience

since 2018	Speaker SUPSI - Manno DEASS courses - Interdisciplinary palliative care awareness courses - palliative approach "Conviver con la malattia cronica" - "La relazione con il paziente e la sua famiglia" - "Living with chronic illness" - "The relationship with the patient and his family".
since 2018	Self-employed in medical practice - Lugano and Locarno Psychotherapy Psychological diagnosis and support for adolescents and adults Psychosomatics and psycho-oncology
since 2011	ASSOCIAZIONE TRIANGOLO - Locarno Volunteering and assistance for cancer patients Psychologist - Coordinator of volunteers Coordination training and supervision of volunteers dedicated to cancer patient care
2013–2020	Delegated psychotherapy c/o Dr.med Nicola Ferroni's medical practice - Locarno Psychotherapy Psychiatry FMH Psychotherapist Psychological diagnosis and support for adolescents and adults
2004–2012	Consultant Mental Health Department of the "S. Anna" hospital in Como Implementation of the three-year regional project "Early detection of mental disorders - Evaluation of therapeutic-preventive interventions".
2008–2011	Tutoring and teaching Varese Province Training Agency Professional Training Centre of Luino Trainer
2008–2010	Trainer British Institute of Seregno, P.zza Risorgimento, 21 - 20038 Seregno (Mi) Training Centre Psychology lecturer in courses for the training of Social and Welfare Auxiliaries
2008	Consultant - chairman of professional institute examination commission, Appointed by the Province of Milan
2003–2008	Trainer Province of Milan - Professional Training Centre "Sandro Pertini" - Seregno (Mi) Professional Training Lecturer in the disciplines: Development of personal skills, Support for disabled pupils, Job Training for disabled pupils. Lecturer in courses for non-compulsory apprentices (18-24 years) in the right to education and training in the electrical, mechanical and office sectors, in the transversal discipline of relational skills.

Publications

Donzelli R., Favaron M., (2003) "LO STRESS NELL'EMERGENZA URGENZA" Edizioni Fatebenefratelli S.r.l.

Donzelli R., Favaron M., (2002) "LO STRESS NELL'EMERGENZA URGENZA - RICERCA CONDOTTA PRESSO LA CENTRALE OPERATIVA DELL'EMERGENZA URGENZA 118 DI MILANO NIGUARDA" - AUPI Notizie, 6, 32-42

Research

Acireale 7 - 11 October 2003 V. Tummino, I. Cardani, R. Donzelli "Life styles and defence mechanisms in the oncological patient" VIII SIPO National Conference - The integration of medical care, pharmacological treatment and psychological intervention in oncology

Vienna 6 - 11 July 2003 V. Tummino, V. Biasi,, P. Bonaiuto, A.M. Giannini, I. Cardani, R. Donzelli,. "Further Studies on Personological Differences Between Healthy Personsand Different Types of Patients" at IXth European Congress of Psychology organised by E.F.P.A.

Caserta 25 - 26 October 2001 V. Tummino, O. Sardi, I. Cardani, R. Donzelli, "Lifestyle defence mechanisms and dangerous road use" at the 14th Workshop ICTCT (International Cooperation on Theories and Concepts in Traffic Safety) Characteristics of road users with reference to lifestyles, safety and quality of life

London 1 - 6 July 2001 V. Tummino, V. Biasi, P. Bonaiuto, F. Spinelli, M. Favaron, M. Manghise, G. Pellegrino, I. Cardani, R. Donzelli 'Relations between Lifestyle Defence Mechanisms and Health Diseases: A Priliminary Italian Study' at VIIth European Congress of Psychology organised by the E.F.P.A.

Memberships

Swiss Federation of Psychologists (FSP)
Ticinese Association of Psychologists (ATP)
Swiss Society of Psycho-Oncology (SSPO)
Italian Society of Psychosomatic Medicine (SIMP)
Eye Movement Desensitisation And Reprocessing Switzerland (EMDR)

Accreditation

Clinica Sant'Anna

Poliambulatorio Sant'Anna

Specialties

Psycho-oncology

Contact

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