



Cinzia Ferrari

Physiotherapist

Languages

IT,FR

Competences

After graduating in Physiotherapy from the Varese School in 1993, she began her professional career by developing collaborations with several physiotherapy and medical practices in the Mendrisiotto and Lugano areas. Since 2007 he has been working at the physiotherapy service of the Ars Medica Clinic in Gravesano. Since 2015, she has held the position of outpatient group coordinator.

Immediately interested in neuro-muscular-skeletal disorders interpreted from a holistic perspective, she has supplemented her education over the years by participating in courses, conferences and congresses (in 2006 also as a speaker). Lymphatic Drainage, Manual Stretching Therapy, Watsu, Soft Myofascial Stretching, Clinical Neurodynamics, Physical Therapy, Neurostructural Integration Technique are some of the methodologies learnt. In 2012 he completed a six-year training in Osteopathic Manual Therapy at the Franco-Italian school in Livorno. In 2016, he attended the Master of Clinical Posturology in Milan.

Accreditation

[Clinica Ars Medica](#)

Specialties

[Physiotherapy](#)

Contact

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