



Grégory Gamot

Teacher of Adapted Physical Activity (APA)

Languages

FR,EN,RU

Education

- Master 2, Handicap rehabilitation engineering and Motor Performance
- Bachelor's Degree in Athlete training and performance
- DEUG, Education and Motricity
- DEUG, Foreign languages and Civilizations (English)
- Qi-Gong practical training, therapeutic gymnastics, Lausanne, Switzerland
- EPS Teacher training, Angers / France
- Supervisory Officer training in French Army, Saint Cyr Special Military Academy
- Cardiac resuscitation training, First Aid and Swimming pool rescue training, Clinique Valmont

Work Experience

since 2016	Teacher of Adapted Physical Activity (APA), Clinique Valmont, Glion sur Montreux, Switzerland
2015	<ul style="list-style-type: none"> • Physical Education and Sports teacher, Boarding house responsible, Ecole La Garenne, Switzerland • Physical education coach, Fitness coach (body building and cardio training), Promove, Villars sur Ollon, Switzerland
2014	Sports teacher, coordinator, boarding house summer camp responsible, Le Rosey Institute, Gstaad, Switzerland
2008-2014	<ul style="list-style-type: none"> • Secondary school Physical Education and Sports teacher, General and professional secondary school, Amiens, France • Trainer and fitness coach of ESIEE rugby team, Engineer School • Sports association coach (group muscle building classes)
2008	<ul style="list-style-type: none"> • Sports coach and reception desk welcome in a private fitness center, Athletic Club, Amiens, France • APA coach, Functional rehabilitation center, Albert, France
2007	Aspiring lieutenant, Saint Cyr - the Special Military Academy, Coëtquidan, France
2006	Trainer/ physical education coach of Handisport wheelchair rugby team, Beauvais, France
2005	Physical education coach of rugby cadets & juniors, Amiens, France

Media

Videos

- 2019, "[Neurological rehabilitation: learn how to walk again with the Alter G® Anti-Gravity treadmill](#)"
- 2019, "[Orthopedic rehabilitation: defy the forces of gravity with the Alter G® treadmill](#)"

Accreditation

[Clinique Valmont](#)

Specialties

[Adapted physical activity](#)

[Alter G](#)

[Global reconditioning](#)

Contact

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