SWISS MEDICAL NETWORK



Aline Grond

Certified occupational therapist FH
Cert. Hand therapist Switzerland
Instructor of the Hentschel therapy method

Languages

DE,EN,FR

Education

2012–2013	CAS Hand Therapy
2004	Training as an instructor of the Hentschel therapy method
1999–2002	Occupational therapy training, Zurich

Work Experience

since 2020	Hand rehabilitation & occupational therapy Grond, Rapperswil-Jona
2018–2020	Occupational therapy & hand rehabilitation, Rosenklinik Physiotherapy, Rapperswil-Jona
2007–2018	Schulthess Clinic, Zurich
2006–2007	Balgrist University Hospital, Zurich
2003–2006	Olten Cantonal Hospital
2002–2003	Practice for hand rehabilitation and neurology, Sevelen

Competences

- Splint course: static and dynamic splints
- ClikStrip splint workshop
- Manual therapy I-III: Examination and treatment of the joints / muscles of the upper extremity, hand surgery module
- Manual lymphatic drainage / complex physical decongestive therapy
- Myofascial structures - dysfunctions and their treatment
- Myofascial release techniques
- Orthopaedic medicine - Cyriax: introduction and hand
- Boeger Therapy - The technique; global and localised adhesion release / scar therapy
- Boeger Therapy - The venous system and its importance in Boeger Therapy
- Scar care and scar removal
- Easytaping (dynamic taping)
- Mobilisation of the nervous system
- Dry needling therapy

- Somatosensory rehabilitation
- Electrotherapy: clinical applications - evidence based
- Spiral dynamics: using your hands correctly, understanding a spherical arch functionally
- Spiral dynamics: The darn ingenious thumb
- Pain course - Understanding pain
- CRPS - Update in diagnostics and therapy
- The post-traumatic process
- Quick & Easy - Flossing in hand therapy
- Deep oscillation basic course - modes of action and application
- Post-treatment of PIP arthoplasty - differences and parallels between silicone and CapFlex prostheses
- Three-week Bobath basic course
- Functional anatomy on specimens and models - Dissection course
- Applied physiology
- Evicende based therapy
- Reflective practice - understanding science
- Annual participation in the Hand Congress

Memberships

Swiss Association of Occupational Therapists (EVS)

Swiss Society for Hand Rehabilitation (SGHR)

Quality circle

Accreditation

Rosenklinik Rapperswil

Specialties

Occupational therapy

Contact

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