



## Dr. med. Thomas K. Hotz

Specialist in Surgery FMH, Trauma Surgery SGACT  
Musculoskeletal system, joint and sports injuries

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### Education

2014	Certificate in Emergency Surgery and Emergency Management (SGACT)
2013	Attending physician, Privatklinik Lindberg, Winterthur
2013	Clinical Fellowship, University Hospital Homburg (D) (Prof Tim Pohlemann) Pelvic and complex musculoskeletal injuries
1998-2013	Head physician, deputy head physician, Clinic for Trauma Surgery, Cantonal Hospital Winterthur, specialising in trauma surgery / sports injuries
2011	Clinical Fellowship, Hospital for Special Surgery, New York City, N.Y. (USA) (Prof David L. Helfet, Director of Orthopedic Trauma)
1993-2010	Short-term training programmes in the USA (LAC/USC, TGH), Germany, France and Sweden
2004	FMH specialising in general surgery and traumatology SGACT
1995-1998	Cantonal Hospital Winterthur, Senior Consultant Surgeon
1996	Specialist in surgery FMH
1993-1995	Cantonal Hospital Herisau, Senior Consultant Surgeon
1993	Specialist in general medicine FMH
1989-1993	Cantonal Hospital Winterthur
1986-1989	Cantonal Hospital Münsterlingen
1986	Dissertation at the University of Zurich "Polypathy and multimorbidity in very elderly patients", self-employed in private practice, senior doctor for the junior national orienteering team
1985	State Examination University of Zurich
1979-1985	Studied human medicine at the University of Zurich

### Memberships

Member of the board of SGACT

FMH

FMCH

SGC

Faculty AO RET Europe Trauma

Faculty AO International

Consultant Physician Traumatology of REGA (Swiss Air Ambulance)

Member of the Advisory Board Swiss Medical Network

Member of the KSW Medicines Commission until 2013

Member of the IT-KIS Operating Committee KSW until 2013

Member of the KSW Nutrition Commission until 2013

## Competences

- Diagnosis, surgical and non-surgical treatment of accident and sports injuries
- and diseases of the musculoskeletal system (adults and children from the age of 2)
- Treatment of bone, joint and soft tissue problems (incl. sports injuries)
- with special consideration of minimally invasive and arthroscopic surgical methods (including arthroscopy, etc.)
- Specialised knowledge in the treatment of accident and fall injuries in old age
- Practice consultation activity for the assessment of sports and accident injuries including follow-up care of treated patients
- Joint care of patients in collaboration with all other specialised doctors
- Consultant in insurance and court matters (assessments etc.)
- Training and further education of future specialists in surgery specialising in trauma surgery / sports injuries
- Planning and conducting studies, scientific publications and lectures in Switzerland and abroad
- Examination expert FMH, SGC and SGACT

## Accreditation

[Privatklinik Lindberg](#)

## Specialties

[General surgery](#)

[Orthopaedic surgery](#)

[Knee arthroscopy](#)

[Foot/ankle surgery](#)

[Knee pain and knee surgery](#)

[Hip surgery](#)

[Hand surgery](#)

[Shoulder surgery](#)

[Meniscus tear](#)

[Cruciate ligament tear](#)

[Cartilage damage](#)

[Hip prosthesis](#)

[Torn ligaments/ligament injuries](#)

[Achilles tendon rupture](#)

## Contact

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