



Dr. med. Isabel Ihnenfeld Arcienega

Specialist in Gynecology and Obstetrics, FMH member,
with a special focus on Operative Gynecology and Obstetrics

Languages

DE,FR,EN,IT,ES

Work Experience

since 2026	Attending Physician, Privatklinik Bethanien, Zurich
since 2026	Founder of Practice Vive la vie!, Zurich
2019-2026	Senior Physician, Women's Clinic, Stadtspital Triemli, Zurich
2017-2019	Senior Physician, Women's Clinic, Ospedale Regionale di Bellinzona e Valli, Bellinzona
2012-2017	Resident Physician, Women's Clinic, Universitätsspital Zürich, Zurich
2011-2012	Resident Physician, Women's Clinic, Spital Uster, Uster
2010-2011	Resident Physician, Maternité, CHUV Lausanne, Lausanne

Education

since 2025	Certificate in Pregnancy Ultrasound (SGUM)
since 2025	Certificate in Practice Laboratory (KHM)
since 2023	Advanced Specialisation in Operative Gynecology and Obstetrics
since 2022	GESEA Level 1 and 2 Certification
since 2019	Colposcopy Diploma
since 2017	Specialist Title in Gynecology and Obstetrics, FMH
since 2010	Doctorate in Medicine, Université de Lausanne, Lausanne
since 2009	Medical Degree, Université de Lausanne, Lausanne

Memberships

- Verbindung der Schweizer Ärztinnen und Ärzte, FMH
- Ärztesgesellschaft des Kantons Zürich, AGZ
- Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe, SGGG
- Groupe Romand de la Société Suisse de Gynécologie et Obstétrique, GRSSGO
- Schweizerische Gesellschaft für Ultraschall in der Medizin, SGUM

Accreditation

[Privatklinik Bethanien](#)

Specialties

[Obstetrics](#)

[Gynaecology](#)

[Endometriosis](#)

[Urogynaecology](#)

[Fibroids](#)

Contact

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