

# Dr. med. Nikolaos Ikonomou

## Specialist in General Internal Medicine, FMH member

## Languages

IT.EN

#### Education

#### Courses:

- A.C.L.S. (Advanced Cardiovascular Life Support), Cardiocentro Ticino, Lugano, 8-9 October 2004
- "Advanced Cardio-respiratory Resuscitation", Ospedale Civico di Lugano, '05, '07, '09, 'I
- B.L.S. (Basic Life Support): Italian Resuscitation Council, Varese 06/01
- Palliative Care Course, September, October, November 2006, Stabio, Switzerland.
- Ultrasonography Course, organised by the Swiss Society of Ultrasonography in Medicine, Novaggio, 21-22-23 October 2005
- Training in Practical Microbiology, Cantonal Institute of Microbiology, Bellinzona,
- 29.09.2004.
- XIV Surgical Course on Pediatric Urology, Varese, 1-2 October 1999.
- XIII Surgical Course on Pediatric Urology, Varese, 2-3 October 1998 Practical Course on the use of Personal Computer, Varese 1997/1998.

| 2014 | Certificate of Advanced Studies (CAS) in Palliative Care  |
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| 2012 | Specialist examination (FMH) in Internal and General Medicine, Basel  |
| 2012 | Certificate of technical competence for the medical laboratory (CATLM), organised by the Bern College of Basic Medicine in Bellinzona |
| 2012 | Swiss Federal Title of Medical Specialist (FMH) in General Internal<br>Medicine   |
| 2011 | Recognition of the Medical Degree and State Examination, at the Medical Profession Commission in Bern (MEBEKO)                        |
| 2003 | State examination for licensing to practice medicine and surgery,<br>University of Pavia  |
| 2002 | Doctor of Medicine, University of Insubria (Varese)   |

#### **Work Experience**

| since 2021 | Owner of a family doctor's practice in Montagnola at Piazza Brocchi 5.   |
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| 2018-2020  | Family doctor with Dr. Floriano Belloni in Montagnola  |
| 2014-2017  | Head of Clinic at the Emergency Department and CMU of the Italian<br>Hospital of Lugano  |
| 2013-2017  | Family doctor at the Sanacare surgery in Lugano  |
| 2011-2013  | Hospital Physician at the Novaggio Rehabilitation Clinic and referent for the Lugano Clinic and the Italian Hospital in Lugano |
| 2010-2011  | Medical Assistant at the Novaggio Rehabilitation Clinic  |

| 2008-2010 | Medical Assistant at the Operative Unit of Internal Medicine of the Regional Hospital of Lugano, directed by Prof. Med. Marco Pons.   |
|-----------|---|
| 2007      | Medical Assistant, at the Internal Medicine Unit of the Ospedale<br>Regionale di Bellinzona e Valli, directed by Dr. Prof. Med. Claudio<br>Marone and Dr. Prof. Med. Augusto Gallino. |
| 2007      | Medical Assistant, at the Intensive Care Unit of the Regional Hospital of<br>Bellinzona and Valleys, directed by Dr. Med. Andreas Perren  |
| 2006      | Medical Assistant, at the Oncology Operating Unit (IOSI) of the<br>Ospedale Regionale di Bellinzona e Valli, directed by Dr. Prof. Med. F.<br>Cavalli.                                |
| 2005-2006 | Medical Assistant, at the Surgery Unit of the Ospedale Italiano and the Ospedale Civico di Lugano, directed by Dr. Med. Alfred Kuhrmeier and Prof. Med. Raffaello Rosso.              |
| 2004-2005 | Medical Assistant, at the Operative Unit of Internal Medicine of the Italian Hospital in Lugano, directed by Dr. med. S. Chimchila Chevili.   |

## **Publications**

"Scoliosis": N. Sciavone, G. Prigione, N. Ikonomou: Tribuna Medica Ticinese, 03/2011 'Palliative care and assisted suicide: bridging the borders'. Gamondi C, Ikonomou N, Marx B, Ferrari L, Neuenschwander H, poster presentation, EAPC Congress, Budapest 2007

## Accreditation

Clinica Sant'Anna

## **Specialties**

Internal medicine

## Contact

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