



## PD Dr med Peter Koch

Specialist in orthopaedics and traumatology of the musculoskeletal system, FMH  
Specialist in knee surgery

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### Languages

DE, EN, FR, ES

### Work Experience

since 2021	Independent practice at the Joint Centre Winterthur AG Attending physician at Privatklinik Lindberg Winterthur Attending physician at Privatklinik Belair Private Clinic Schaffhausen
2014–2021	Deputy Director of the Department of Surgery Head of the Clinic for Orthopaedics and Traumatology at Winterthur Cantonal Hospital
2005–2013	Head and later Head Physician Knee Surgery (Prof. C. Gerber) Balgrist Orthopaedic University Hospital, Zurich
2003–2004	Senior Physician Orthopaedics (Prof. C. Gerber) Balgrist Orthopaedic University Hospital, Zurich
2002–2003	Senior Physician Orthopaedics and Traumatology (Prof. R. Ganz) Orthopaedic University Hospital Inselspital, Bern
1999–2002	Orthopaedics (Prof. C. Gerber) Orthopaedic University Clinic Balgrist, Zurich
1997–1998	Orthopaedics and Traumatology (Prof. R.P. Jakob) Hôpital Cantonal Fribourg
1996	General Surgery and Traumatology Surgical Clinic (Prof. M. Decurtins) Cantonal Hospital Winterthur

### Memberships

Swiss Medical Association (FMH)  
Swiss Society for Orthopaedics and Traumatology (SGOT)  
Knee Expert Group (EGK) of the SGOT (currently President, until probably 2022)  
Swiss Society for Sports Medicine (SGSM)  
European Society of Sports Traumatology, Knee Surgery and Arthroscopy (ESSKA)  
European Knee Associates (EKA)  
International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)  
European Knee Society (EKS)  
Society for Arthroscopy and Joint Surgery (AGA), board member

## Education

2012	Received Venia Legendi, appointed private lecturer at the University of Zurich
2002	Specialist FMH Orthopaedic Surgery and Traumatology of the Musculoskeletal System
1995	Degree from the Faculty of Medicine, University of Bern
1994	Dissertation

## Competences

Specialisation; treatment of traumatological and degenerative damage to the knee joint

- Knee arthroscopic operations (e.g. meniscectomy)
- Meniscus replacement operations, meniscus transplants
- Reconstruction of anterior and posterior cruciate ligaments, reconstruction of the anterior cruciate ligament in adolescents, all treatment of the most complex ligament injuries including knee dislocations and their consequential damage
- Stabilisation operations for patellar instability (MPFL reconstruction, trochleoplasty) in adolescents and adults
- Surgery for cartilage damage
- Osteotomies (realignment operations) for degenerative changes or (post-traumatic) deformities of the knee joint
- Artificial knee joint replacement (partial knee prostheses, total knee prostheses; personalised technique, PSI), revision operations on artificial joints, knee prosthesis replacement including complex artificial joint reconstructions on the knee joint

## Accreditation

[Privatklinik Lindberg](#)

[Privatklinik Belair](#)

## Specialties

[Orthopaedic surgery](#)

[Osteoarthritis of the knee](#)

[Cruciate ligament tear](#)

[Knee arthroscopy](#)

[Knee pain and knee surgery](#)

[Knee prosthesis](#)

## Contact

**Gelenkzentrum Winterthur AG**

Schickstrasse 11  
8400 Winterthur

T +41 52 266 12 12

[praxis@gzw.ch](mailto:praxis@gzw.ch)

[www.gzw.ch](http://www.gzw.ch)

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