SWISS MEDICAL NETWORK

Dr. med. Roberto Lagrotteria

Specialist in Orthopaedic Surgery and Traumatology of the Locomotor System, member FMH

Languages

IT

Education

Degree in Medicine and Surgery from the State University of Milan in July 2002

Specialisation in Orthopaedics and Traumatology 1st School of Specialisation G.Pini of Milan grade 70/70 November 2007

Federal diploma recognition 05/11/2008

FMH Orthopaedics, February 2011

Work Experience

ROLES CURRENTLY HELD

- Medical practice P.zza Nosetto 4 Bellinzona,
- Medical practice P.zza Cav.Pellanda 1 Biasca
- Medical practice at Il Centro medico Mendrisio
- Accredited at ARS Medica Gravesano
- Member Ethics OMCT
- AI consultant (Cpas)
- Insurance consultant Zurich

Physician for the Italian National Ski World Cup team (women's downhill 2003-2005)

I previously attended the Department of Orthopaedics at the Fatebenefratelli Hospital in Milan (ward, operating theatre and First Aid) from 1998 to 2002

During my training at the 1st speciality school in Milan G.Pini, I attended surgical, outpatient and emergency departments in the wards of:

- Orthopaedic Oncology of the G. Pini Hospital in Milan directed by Prof. Mapelli
- Sub-intensive Traumatology of the G. Pini Hospital in Milan directed by Prof. Maggi
- Vertebral Surgery of the G. Pini Hospital directed by Prof. Caserta
- U.O. Orthopaedics and Traumatology of Niguarda Hospital in Milan, directed by Prof. Capitani

Subsequently I served as Medical Executive as Specialist in Orthopaedics and Traumatology from 28/11/2005-31/12/2009 Osp.Uboldo Cernusco sul Naviglio (Milan). From 01/01/2010 -30/09/2010 at Osp di Desio (Vimercate) Milan

Arthroscopic training from April 2008 to November 2008 at Osp.SanDonato Milanese Prof.P.Randelli Mitek programme Young arthroscopists

Head clinic at the San Giovanni Bellinzona Orthopaedics and Traumatology Department from 01/10/2010 - 30/09/2013

Since 01.10.2013 Assistant physician EOC San Giovanni Bellinzona

I trained in knee surgery in the field of knee prosthetics at the schultess Clinic in Zurich with Prof.Prais. 2016

In the field of hip surgery numerous courses including specific training sec Anterior Surgery with Prof Corten in Zuchwil 2017

Competences

ACTIVE WITH 3500 SURGICAL PROCEDURES AS FIRST OPERATOR

SURGICAL INTERESTS:

- KNEE SURGERY (prosthetic,meniscal arthroscopy,ligament reconstruction,cartilage implants)
- SHOULDER (Prosthetic ,arthroscopic)
- HIP (Prosthetic)

INFILTRATIONS:

- ACP Growth Factors (degenerated cartilage joints,Tendinitis Tendinosis,Partial ruptures,Muscle ruptures)
- Intrarticular Hyaluronic Acid.

Memberships

- SIAGASCOT member
- SECEC member
- ESKAA Member
- Silver Member AO trauma (CH Davos 2010)
- EACCME Certificate AO Foundation (EU Brussels 03.03.2009)

Publications

- Articular pigmentary villous synovitis in the hand: an isolated case and review of the literature (Lo Scalpello 2002; 16: 61-63)
- Osteosynthesis of proximal humerus fractures with percutaneous wires: doubts and certainties (Lo Scalpello2002; 16:153-157).
- Mini-invasiveness and new means of synthesis (Article Orthopaedics and Rheumatology Vol.115 nr.3, 2004).
- Edging: Open versus arthroscopic treatment of Bankart's lesions. (Press Review Orthopaedics and Rheumatology Vol. 115 No. 3, 2004).
- Edging: New findings on the etiopathogenesis of idiopathic scoliosis. (Orthopaedics and Rheumatology Press Review Vol. 115 No. 3, 2004).
- Gleaning: Vertebroplasty and Kyphoplasty in the treatment of painful fractures of the Osteoporotic Spine (Press Review Orthopaedics and Rheumatology Vol. 116, No. 3, 2005).
- Epidemiology and Socio-welfare impact of Osteporosis (Osteporosis and Rehabilitation Review).
- The use of growth factors in the treatment of pseudoarthrosis (Minerva Orthopaedics and Traumatology 2004:55(3): 125).

Handouts Presentations

SPEAKER AND POSTER:

- Congress on Osteoporosis - Centro Congressi delle Stelline - (Milan, 17/06/2003)
- Refresher course: Osteoporosis and Rehabilitation Hospital (G. Pini - Milan 19/06/2004)
- Seminar: Physiopathology of acute pain in Orthopaedics (Osp.g.Pini Milan 10.04.2003)
- The LCP and Liss systems 3 years of experience (Osp.G.Pini Milan 20.02.2004)
- Case Report AO Trauma Europa Alumni (Milan 02.02.2008)
- 39th National Congress of Hand Surgery. (Ascoli Piceno, Italy 2001)
- Complications and problems in distal radius fractures. (Ascoli Piceno,Italy 19-22/09/2001)
- Complications and problems in hand fractures (Arezzo Italy 22/11/2001)
- Simultaneous Dupuytren's fasciectomy and Carpal tunnel release in uremic patient (Amsterdam,Holland 2002)
- 33rd O.T.O.D.I. National Congress: Osteosynthesis in proximal humerus fractures with percutaneous wires: doubts and certainties. (Bergamo,Italy 13-15/06/2002)
- 87th SIOT National Congress: Experience in the treatment of fractures with expansion nail "Fixion" (Venice, 21/10/2002)
- NEX GEN knee arthroplasty "Our Experience", prognostic factors in knee arthroplasty: our experience and literature review. (University of Milan, 14/12/2002)
- IX° Congress of the Federation of the European Societies for Surgery of the Hand: a) Preliminary experience with "Stylo" device for hard fractures; b) Fixion intramedullary nail for Humerus fractures (Lisbon, 25-28/06/2003)

CONGRESSES AND COURSES ATTENDED

- Siot Congress (Rome 9-11.11.2023)
- 2 Siagascot Annual Meeting (Milan 13-15.04.2022)
- 1 Siagascot Annual Meeting (Rome 10-12.03.2022)
- Arthroscopic Shoulder Course (Naples 3-5.5.2022)
- Current Concepts Knee Prosthetic Surgery (Parma 28-29.11.2019)
- Course Arthroscopy and Sport therapeutic perspectives (Milan 24-26.10.2019)
- Advanced Knee Revision Prosthetics Course (Bologna 3-5.10.2018)
- Arthrolab ACP course (Munich 25.02.2018
- Direct Anterior approach Instructional course Prof.Corten (Zuchwil 28-29.04.2017)
- Upper Arthroscopy and Prosthetics course (Rome 9-11.11.2017)
- Amis Hip Learning Centre Anatomy workshop (Tours 12-13.12.2016)
- Challenges Hip and Knee (Vienna 11-12.11.2016)
- Partial immobilisation dynamic bandaging course. (Milan, 16-17/09/2002)
- A new clinical technology for cartilage regeneration. (Bologna, 27/09/2002)
- The traumatised emergency patient: orthopaedic, radiological and legal problems (Milan, 02/10/2002)
- SIOT Congress (Venice, 20-24/10/2002)
- Internal and external synthesis in the lower limb. (Milan, 16/11/2002)
- Traumatology in the age of development. (Milan, 30/11/2002)
- Propedeutic course of Shoulder Surgery. (Milan, 01/12/2002)
- The Orthopaedic Surgeon between art and technology. (Milan, 12-14/12/2002)

- Seminar: Avantage Acetabular Cup, 25 years of history projected into the future. (Milan, G. Pini 06/03/2003)
- Seminar: Role of medical equipment in the recovery of the injured athlete. (Milan, G. Pini 20/03/2003)
- Seminar: Physiopathology of pain, acute pain in Orthopaedics. (Milan, G. Pini 10/04/2003)
- Seminar: The energy cost in normal and pathological ambulation. Wear in the components of joint prostheses; the evolution of materials. (Milan, G. Pini 08/05/2003)
- Seminar: Epidemiology in Rugby. Injury of the LCP, framing and surgical solutions. (Milan, G. Pini 05/06/2003)
- Osteoporosis: Contributions for a modern framing. (Milan, 13/06/2003)
- Seminar: New evidence in the medical treatment of the symptomatology and progression of joint damage. (Milan G. Pini 26/06/2003)
- Refresher Course in Knee Pathology. (Milan, 15-16/10/2003)
- Congress: La mini invasiveness in orthopaedics, myths and reality (Milan, Fatebenefratelli 20/11/2003)
- Shoulder Arthroscopy Course (Milan, G:Pini 16/01/2004)
- Congress: News on ACL surgery and rehabilitation. (Milan, G. Pini 30/01/2004)
- Congress: The LCP and LISS systems: 3 years of experience. (Milan, G. Pini 20/02/2004)
- Achondroplasia experiences in comparison for a good treatment. (Milan, G. Pini 16/03/2004)
- Congress: Achondroplasia , clinical aspects, surgical therapy, rehabilitation. (Milan 03.03.2004)
- Refresher course on Compressive limb syndromes, neuro-vascular involvement. (Milan, G. Pini Italy 26/03/2004)
- Congress: Il ginocchio del bambino e dell'adolescente, novità, puntualizzazioni, conferme. (Milan, Italy Auditorium Boheringer 21/05/2004)
- Congress: Osteoporosis and Rehabilitation. (Milan. G. Pini Italy 19/06/2004)
- Congress: 11th Orthopaedic-Rheumatology Day (Milan G.Pini Italy 20/06/2004)
- Refresher course Frontiers on musculo-skeletal affections . (Milan Italy ,23-25/06/2004)
- Refresher course: Don't forget the art of plaster. (Milan, G. Pini Italy 04/06/2004)
- SIA interdisciplinary meeting: The thromboembolic risk in Orthopaedics. (Milan Italy , Military Hospital 11/09/2004)
- Congress: I problemi ortopedici nell'ambulatorio del Pediatra. (Milan, G. Pini Italy 24/09/2004)
- Prosthesization in knee valgus deformities. (Milan,Italy G. Pini 22/09/2004)
- 3rd Arthroscopy Course. Knee and Shoulder (Bormio, Italy 1-2/10/2004)
- Refresher Course in Knee Pathology. SIA Event(Milan, Military Hospital 15-16/10/2004)
- Advanced Refresher Course: Prosthetic implant stability and induced bone modifications in orthopaedic surgery. (Milan, G. Pini 26/11/2004)
- Refresher course: Anti-inflammatories and painkillers in orthopaedic and rheumatology practice. (Milan, G. Pini 27/11/2004)
- Angular and complex deformities of the lower limb: actuality and innovations . (Milan, Italy 28/11/2005)
- 2nd Course of Sports Traumatology (Milan,Italy 2-4/02/2005)
- The Thromboembolic Risk in Orthopaedics. Multidisciplinary symposium on low impact orthopaedics. SIA event (Milan, Italy 15/02/2005)

- Update course: Angular and complex deformities of the lower limb - actuality and innovations Milan, G. Pini Italy 18/11/2005)
- Update in Shoulder Surgery. (Paderno Dugnano Italy , 29/11/2006)
- 18th AO Basic Course (Davos,Switzerland 19-24/02/2006)
- Update Course in Arthroscopic Knee and Shoulder Pathology. (Bormio, Italy18/03/2006)
- The evolution in the treatment of Tibia fracture. AOAA Italian (Milan,Italy 01/04/2006)
- National Congress Italian Arthroscopy Society. (Modena,Italy 7-10/03/2007)
- Live Surgery Shoulder Arthroscopy. (Saronno,Italy 24/05/2007)
- Master Class: Shoulder System Reconstruction with the Bigliani/Flatow. (Rome,Italy 13-14/04/2007)
- LCP Day- Developments and Techniques of the Complex Fracture System (Milan, Italy 22/11/2007)
- Course on Traumatology of hip and pelvic fractures. (Milano Marittima,Italy 15-16/10/2007)
- Artrhex Surgical Skills Training Course Arthroscopy Knee-Shoulder (Naples, FL. USA 11-13/12/2007)
- AIOD-OTC Upper and Lower Limb Traumatology Course (Nice France 7-8 /04/2008)
- STAGE Shoulder Arthroscopic Training Programme (Milan Italy April 2008-November 2008)
- Arthroplasty of the Shoulder and Elbow instructional and Hand on course (Utrecht Holland 23/06/2008)
- Arthroscopy of the Shoulder instructional and Hand on course (Utrecht Holland 25-26/06/2008)
- NISC Shoulder Course (Naples Italy 16-18 /10/2008)
- AO Advanced Trauma Course (Davos Switzerland 15-19/03/2009)
- Theoretical-Practical Course Endomychelial Nailing (Parma Italy 29-30/09/2009)
- Shoulder Surgery Course (Brescia Italy 20-22/05/2010)
- ForeFoot Days (Lyon France 31-01/04/2011)
- Foot Cadaver Lab forefoot and hindfoot surgery seminar (Barcelona Spain 24-25-26/11/2011)
- Minimally invasive forefoot surgery (Lausanne Switzerland 7/09/2012)
- Hindfoot days (Liestal Switzerland 27-28/09/2012)
- Efort Foot-Ankle (Geneva Switzerland 13-14 /10/2012)
- Cadaver Lab Knee Arthroscopy (Arezzo Italy 8-9 /11/2012)
- Cadaver Lab Shoulder and Knee Arthroscopy - Artroplasty (Arezzo Italy 26-27/06/2013)
- Congress Shoulder Surgery Arthroscopy and Arthroplasty (Milan Rozzano Italy 10-12 /02/2014)
- Master SIGASCOT 2014 Arthroscopic Surgery and Arthroplasty Knee (Milan Italy 25-26/06/2014)
- SOFCOT (Paris France 10-13/11/2014)
- Cadaver Lab Knee and Shoulder 2015 (Naples FL .USA. 5-9/01/2015)

Accreditation

Clinica Ars Medica

Centromedico

Mendrisio

Specialties

Orthopaedic surgery

Knee pain and knee surgery

Shoulder surgery

Hip surgery

Contact

Studio medico
Piazza Nosetto 4
6500 Bellinzona

T +41 91 825 65 55
roberto.lagrotteria@bluewin.ch

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