



# Dr. med. Martin Lauterburg

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system, member FMH

## Languages

DE,EN,FR

## **Work Experience**

since 2003	Own practice in Winterthur
2003	Opening of practice for orthopaedic surgery and traumatology of the musculoskeletal system, Winterthur
2000-2003	Medical Director of the Department of Physiotherapy and Occupational Therapy, Frauenfeld Cantonal Hospital
2000-2003	Medical Director, Physiotherapy and Occupational Therapy, Frauenfeld Cantonal Hospital
1999-2003	Senior Physician, Orthopaedic Clinic, Frauenfeld Cantonal Hospital (Dr S. Khuri)
1999	Senior Physician, Orthopaedic Clinic, Solothurn Castle Hospital (Dr P. Bamert)
1998	Resident Orthopaedic Clinic, Balgrist University Hospital, Zurich (Prof. C. Gerber)
1997	Resident at the Orthopaedics and Traumatology Clinic, Fribourg Cantonal Hospital (Prof. R.P. Jakob)
1995-1996	Resident Surgical Clinic, Triemli City Hospital, Zurich (Prof. U. Metzger)
1994	Resident, Clinic for Hand Surgery and Orthopaedic Surgery, St. Leonhard Clinic, St. Gallen (Dr G. Segmüller / Dr G. Sennwald / Dr M. Fischer)
1992-1993	Assistant doctor, Surgical Clinic, Uster Specialist Hospital (Prof. C. Muller, Dr P. Segantini)
1991	Practice assistant, Plastic Surgery, Zurich (Dr Ch. Wolfensberger)

### Education

2007	FA Sports Medicine (SGSM)
2000	Specialist title Orthopaedic surgery and traumatology of the musculoskeletal system
1983-1991	Study "Human Medicine", University of Zurich

## **Memberships**

Swiss Medical Association, FMH

Swiss Society for Orthopaedics, SGO

German-speaking working group for arthroscopy, AGA

Swiss Society for Sports Medicine, SGSM

Medical Association of the Canton of Zurich, AGZ

Winterthur-Andelfingen Medical Association, AWA

#### Competences

Consultation and treatment of all injuries and diseases of the musculoskeletal system, if necessary also in co-operation with selected qualified specialists

Diagnosis and surgical and non-surgical treatment of accident and sports injuries to the upper and lower extremities

Minimally invasive arthroscopic joint procedures (arthroscopy) on shoulder, elbow, knee and ankle joints

30 years of experience in surgical and non-surgical treatment of cruciate ligament and meniscus injuries to the knee

20 years of experience in implanting artificial joint prostheses in the hip, knee and shoulder

Surgical expertise in foot and ankle interventions (including hallux valgus, hammer claw toes, ligament injuries)

Consultant for second opinions and in insurance and court matters (expert opinions)

Treatment of bone, joint and soft tissue problems

#### Accreditation

Privatklinik Lindberg

Privatklinik Belair

#### **Specialties**

Orthopaedic surgery

Sports medicine

Hip surgery

Hip prosthesis

Knee pain and knee surgery

Knee arthroscopy

Meniscus tear

Cruciate ligament tear

**Shoulder surgery** 

Calcific tendonitis of the shoulder

Hand surgery

Foot/ankle surgery

Hallux valgus

Osteoarthritis of the knee

Hip osteoarthritis

Osteoarthritis of the ankle

## Osteoarthritis of the shoulder joint

## Contact

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