SWISS MEDICAL NETWORK



Dr. med. Fabio Lodi Rizzini

Specialist in Physical Medicine and Rehabilitation, FMH member

Languages

IT,EN,ES

Competences

Over the years, Dr. med. Fabio Lodi Rizzini has acquired various specialised and ultra-specialised skills in the field of orthopaedic and sports rehabilitation, such as

- expertise and experience both in the specialist outpatient and in the Traumatology Emergency Room, with excellent clinical and diagnostic framing of the patient and the ability to direct him/her towards the best treatment pathway;
- training and experience in neuromusculoskeletal ultrasound;
- ultra-specialised expertise in interventional physiatry (focal shock waves, dry needling, percutaneous electrolysis, intra-articular and peri-articular infiltrations, peripheral nerve blocks, caudal epidural blocks, facet joint blocks, percutaneous ultrasound-guided lithoclasia, botulinum toxin)
- training and experience in acute and chronic non-oncological all-round pain management (pharmacotherapy, rehabilitation, interventional therapy, cognitive-behavioural therapy);
- expertise in the field of sports rehabilitation, gained both at amateur and professional level (Swiss National Ice Hockey League / Italian Volleyball Federation / multiple Olympic medallists at the Higher Sports Council in Madrid)
- training and experience in the conservative management of scoliosis, gained at the Italian Scientific Institute Spinal Column
- expertise and experience as lecturer and scientific director of advanced training courses in the field of rehabilitation for physicians and physiotherapists (having contributed, to date, to the post-graduate training of over 3000 professionals in Italy, Switzerland and Spain; for info: www.ecm-fisiokinesis.it)

Work Experience

since 2023	**Specialist in Physical Medicine and Rehabilitation**, Ars Medica Clinic, Gravesano
since 2007	**Lecturer and scientific responsible** at various continuing education institutions for postgraduate training events for physicians and physiotherapists in Italy, Switzerland and Spain
2022–2023	Medical**Specialist in Physical Medicine and Rehabilitation**, Hospita Suisse Anesthesia Care SA, Bioggio
2018–2021	Medical Specialist in**Physical Medicine and** Rehabilitation, EOC Rehabilitation Clinic - Faido location
2018	Medical Specialist in**Physical Medicine and Rehabilitation**, Virgen de la Victoria University Hospital, Malaga

2014–2018	**Resident Physician in Physical Medicine and Re**habilitation, Virgen de la Victoria University Hospital, Malaga - Further training at various European centres of excellence in rehabilitation, including: National Hospital for Paraplegics, Toledo / Higher Sports Council, Madrid / Italian Scientific Institute Spinal Column, Milan
2006–2014	**Physiotherapist** in the orthopaedic, neurological and sports fields at various rehabilitation centres in Italy, Switzerland and Spain - experience with professional athletes (Swiss National Ice Hockey League / Italian Volleyball Federation)

Education

2017–2025	**PhD student in "Biomedicina, investigacion traslacional y nuevas tecnologias en salud"** at the University of Malaga
2014–2018	**Specialist qualification in Physical Medicine and Rehabilitation** obtained with 'Excellent' qualification at the Virgen de la Victoria University Hospital in Malaga
2016–2017	**Master's degree in "Musculoskeletal ultrasound and interventional ultrasound".** awarded at the Universidad CEU San Pablo Andalucia in Seville
2006–2012	**Specialist degree in Medicine and Surgery** graduated with honours from the University of Insubria in Varese
2003–2006	**Bachelor's degree in physiotherapy** obtained with full marks and honours at the University of Insubria in Varese

Publications

Scientific article publication: Lodi Rizzini F, Gómez-González AM, Conejero-Cisneros R, Romero-Blanco MJ, Maldonado-Barrionuevo A, Salinas-Sánchez P, Jiménez-Navarro M. **Effects of Cardiac Rehabilitation on Sleep Quality in Heart Disease Patients with and without Heart Failure**. *Int J Environ Res Public Health*. 2022 Dec 12;19(24):16675. doi: 10.3390/ijerph192416675. PMID: 36554555; PMCID: PMC9779564.

Poster presentation: **Tratamiento con puncion seca en pacientes con sindrome de dolor miofascial de cuello y hombro**. *69th Congress SAMFYRE - Sociedad Andaluza de Medicina Física y Rehabilitación*. Salobreña, March 2017.

Accreditation

Clinica Ars Medica

Specialties

Physical and rehabilitation medicine

Contact

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