



# Adriano Longhi

Complementary Therapist Acupuncture and Traditional Chinese Medicine

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## Languages

IT

## Competences

Acupuncture

Shiatsu massage, Namikoshi technique and iokai with applied moxa bustion

Thai massage, combination of Chinese Medicine acupressure points

Moxa bustion and cupping

Classical massage

## Work Experience

2022	Diploma in Acupuncture
2022	Collaboration with the pagliative home care association Il Triangolo
2022	Collaboration with physiotherapy studios
2016	Cantonal Massage Therapist Diploma
2014	Diploma as Complementary Therapist
2011	Independent Shiatsu massage therapist, Throughout the three-year course, he gained more than 700 hours of professional experience.

## Education

2018-2022	Professional School TAO of Lugano Diploma Acupuncture
2016	Professional school SSMT non-medical masseur
2014	Examinations for recognition of Shiatsu Operator training at the Italian Shiatsu Federation FISEO and registration in the professional abo
2013-2014	Professional school SSMT of Lugano complementary therapist
2013-2014	Professional School SSMT of Lugano Cantonal Masseur Diploma

2010-2013      Hours: 1344  
Three-year Shiatsu Operator course at Hakusha - Sabbiabianca Varese  
Seminar " Specialisation in colour cupping therapy  
Seminar 'Curious or extraordinary meridians du mai and ren mai' in Varese  
Seminar " The connected body, connective tissue treatment" in Milan  
Seminar " Wellness of the body in harmony with the spirit" in Tabiano Terme  
Seminar " Body readings and the spine" in Tabiano Terme  
Seminar " Traditional Chinese Medicine" in Tabiano Terme  
Seminar " The wood element, synthesis of creativity and growth" in Trento  
Course on Thai massage in Varese  
Seminar " Chinese Medicine" in Tabiano Terme

## Accreditation

[Clinica Ars Medica](#)

## Specialties

[Acupuncture](#)

[Traditional Chinese medicine](#)

## Contact

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