



Adriano Longhi

Complementary Therapist Acupuncture and Traditional Chinese Medicine

Languages

IT

Competences

Acupuncture

Shiatsu massage, Namikoshi technique and iokai with applied moxa bustion

Thai massage, combination of Chinese Medicine acupressure points

Moxa bustion and cupping

Classical massage

Work Experience

2022	Diploma in Acupuncture
2022	Collaboration with the pagliative home care association Il Triangolo
2022	Collaboration with physiotherapy studios
2016	Cantonal Massage Therapist Diploma
2014	Diploma as Complementary Therapist
2011	Independent Shiatsu massage therapist, Throughout the three-year course, he gained more than 700 hours of professional experience.

Education

2018-2022	Professional School TAO of Lugano Diploma Acupuncture
2016	Professional school SSMT non-medical masseur
2014	Examinations for recognition of Shiatsu Operator training at the Italian Shiatsu Federation FISEO and registration in the professional abo
2013-2014	Professional school SSMT of Lugano complementary therapist
2013-2014	Professional School SSMT of Lugano Cantonal Masseur Diploma

2010-2013 Hours: 1344
Three-year Shiatsu Operator course at Hakusha - Sabbiabianca Varese
Seminar " Specialisation in colour cupping therapy
Seminar 'Curious or extraordinary meridians du mai and ren mai' in Varese
Seminar " The connected body, connective tissue treatment" in Milan
Seminar " Wellness of the body in harmony with the spirit" in Tabiano Terme
Seminar " Body readings and the spine" in Tabiano Terme
Seminar " Traditional Chinese Medicine" in Tabiano Terme
Seminar " The wood element, synthesis of creativity and growth" in Trento
Course on Thai massage in Varese
Seminar " Chinese Medicine" in Tabiano Terme

Accreditation

[Clinica Ars Medica](#)

Specialties

[Acupuncture](#)

[Traditional Chinese medicine](#)

Contact

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