



# Dr. med. Valentina Longhino

FMH Specialist in Orthopedic Surgery and Traumatology

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## Languages

IT,FR,EN,DE

## Work Experience

since 2025 Associate Physician at the Orthopedics and Traumatology Department of CHUV, Foot and Ankle Surgery Unit / Specialized Orthopedics in Foot and Ankle Surgery  
↳ 2,400 consultations per year  
↳ 220 surgical procedures per year

since 2021 FELLOWSHIP – Orthopedic Surgery and Traumatology / Foot and Ankle Surgery, CHUV Lausanne (VD)

2024-2025 Associate Physician, Orthopedic Surgery and Traumatology, Foot and Ankle Surgery, CHUV Lausanne (VD)

2021-2023 Chief Resident in Orthopedic Surgery and Traumatology / Foot and Ankle Surgery, Schulthess Klinik (Zurich)

2018-2020 Assistant Physician in Orthopedic Surgery and Traumatology / Foot and Ankle Surgery, Schulthess Klinik (Zurich)

2017

2015-2017 Assistant Physician in Orthopedic Surgery and Traumatology, Cantonal Hospital of Münsterlingen (TG)

2014 Assistant Physician in General Surgery, Cantonal Hospital of Münsterlingen (TG)

2011-2013 Assistant Physician in General Surgery and Orthopedics, Regional Hospital of Lugano (TI)

## Education

since 2020 FMH Specialist Title in Orthopedic Surgery and Traumatology of the Musculoskeletal System

since 2018 Certificate of Good Clinical Practice

since 2018 APO Kurs

since 2018 AO Trauma Course – Advanced principles of fracture management for Swiss surgeons

since 2017 Intermediate Examination in Pediatric Orthopedics and Musculoskeletal Tumors

since 2016 Radiation Protection Examination

since 2016 Intermediate Anatomy Examination

since 2015 Basic Surgery Examination

since 2013 ATLS

since 2011 AO Trauma Swiss Resident Course – Principles in operative fracture management

since 2010	Certificate of advanced English Cambridge University ESOL Examinations
since 2010	Medical degree in Surgery from the University 'degli Studi', Milan. Achieved a score of 270/270
since 2009	Medical degree obtained through the 'Fondamenti di Medicina' exam of the National Board of Medical Examiners, in collaboration with the Foundation for Advancement of International Medical Education and Research
since 2009	Doctorate in Medicine and Surgery from the University 'degli Studi', Milan, graduated with honors (cum laude). 'Shock Waves and Tissue Regeneration: From Biology to Clinical Practice'

## Publications

### **Gossuin I, Longhino V, Bakota-Morrison C, Crevoisier X**

Pathologies du pied et de la cheville : savoir prescrire la bonne imagerie  
Rev Med Suisse 2024 ; 20 : 2407 - 13

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### **Gilliéron P, Martin J, Longhino V, Crevoisier X**

Traumatismes du pied aux urgences : attention à trois lésions pièges  
Rev Med Suisse 2023 ; 19 : 2357 - 62

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### **Longhino V, Friederichsen P, Rippstein P**

Clinical outcome of the isolated excision of symptomatic accessory navicular bone in a large series at a single institution. Poster 83. Swiss Orthopedics Annual Congress 2023, St-Gallen

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### **Friederichsen P, Longhino V, Rippstein P**

Steroid use for chronic superficial peroneal nerve neuropraxia in ankle sprain: a case series. Poster 84. Swiss Orthopedics Annual Congress 2023, St-Gallen

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### **Sansone V, Longhino V.**

What's in a name? A call for consistency in the classification of tenosynovial giant cell tumor. Knee. 2018 Dec ;25(6) :1322-1323

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### **Longhino V, Regazzoni P, De Rosa V, Candrian C.**

Pediatric navicular fractures, to operate? Poser et présentation libre au 72e congrès de la société suisse d'orthopédie et de traumatologie (Bâle, 2012)

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### **Bruno M, Longhino V, Sansone V.**

A catastrophic complication of hip arthroscopy. Arthroscopy. 2011. Aug;27(8):1150-2.

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### **Longhino V, Bonora C, Sansone V.**

The management of sacral stress fractures: current concepts. Clinical Cases in Mineral and Bone Metabolism. 2011 ; 8(1) : 33-36.

## Apprenticeship

### **Structured Teaching, OTR Department, CHUV Lausanne:**

Flatfoot — 11.04.2024

Achilles Tendinopathy — 16.05.2024

Cavus Foot — 08.08.2024

Undergraduate and postgraduate teaching provided to students, assistant physicians, and chief residents of our institution in the operating room, during consultations, and at the patient's bedside.

## Memberships

Ordinary Member of the FMH

Ordinary Member of Swiss Orthopaedics

Ordinary Member of the SFAS (Swiss Foot and Ankle Society)

Ordinary Member of the ASMAC

## Accreditation

[Clinique Générale Ste-Anne](#)

## Specialties

[Orthopaedic surgery](#)

[Foot/ankle surgery](#)

[Osteoarthritis of the ankle](#)

[Achilles tendon rupture](#)

[Torn ligaments / ligament injuries](#)

[Heel pain](#)

[Hallux valgus](#)

[Morton's neuroma](#)

## Contact

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[centredupied@hin.ch](mailto:centredupied@hin.ch)

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