SWISS MEDICAL NETWORK



Dr. med. Jens Mainzer

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system, member FMH
specialising in foot and ankle surgery

Languages

DE,FR

Work Experience

since 2018	Independent practice and attending physician, foot and ankle surgery, IN MOTION, Centre for Orthopaedics and Neurosurgery, Wallisellen
2014–2018	Senior Consultant Orthopaedic Surgery, Foot Surgery, Schulthess Klinik, Zurich (Dr Pascal Rippstein)
2013–2014	Deputy Senior Physician, Orthopaedic Surgery, Foot Surgery, Schulthess Klinik, Zurich (Dr med. Pascal Rippstein)
2013	Senior Physician Orthopaedics and Traumatology, Cantonal Hospital Thurgau / Münsterlingen (Dr med. Schüler)
2010–2013	Resident in upper extremities (Dr Hans-Kaspar Schwyzer, MD), foot surgery (Dr Pascal Rippstein, MD), lower extremities (PD Dr Michael Leunig, MD) Orthopaedics, Schulthess Clinic, Zurich
2006–2010	Resident in orthopaedics / traumatology, general orthopaedics / traumatology (Dr Rolf Hess, MD); spinal surgery (Dr Othmar Schwarzenbach, MD); emergency team leader, Thun Hospital, STS AG Thun
2005–2006	Resident in general surgery, Zweisimmen STS AG Hospital (Dr Minnig)
2003–2004	Practical year, General Surgery / Internal Medicine, Zweisimmen Hospital (Switzerland) Anaesthesia: The Mount Sinai Hospital; New York City (USA); Internal Medicine: St. Hildegardis Hospital, Mainz (Germany)

Education

2013	Specialist title for orthopaedic surgery and traumatology of the musculoskeletal system
2010	Doctorate "Ultrasound-supported three-dimensional movement analysis of the cervical spine with consideration of various common intubation procedures." Trauma surgery, Mainz University Hospital
2004	Licence to practice medicine and medical examination, Johannes Gutenberg University, Mainz
1997–2004	Degree in human medicine, Johannes Gutenberg University, Mainz
1996–1997	Paramedic, German Red Cross, Mainz

Memberships

- Swiss Society for Foot Surgery, SFAS

- European Society for Foot Surgery, EFAS
- Society for Arthroscopy and Joint Surgery, AGA
- Medical Association of the Canton of Zurich, AGZ
- Swiss Society for Orthopaedics (Swiss Orthopaedics/SGOT)
- Swiss Medical Association, FMH

Competences

- Foot surgery
- Ankle surgery

Accreditation

Privatklinik Bethanien

Medizinisches Zentrum Haus zur Pyramide

Specialties

Orthopaedic surgery

Foot/ankle surgery

Achilles tendon rupture

Torn ligaments / ligament injuries

Heel pain

Hallux valgus

Morton's neuroma

Osteoarthritis of the ankle

Contact

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