



## Dr. med. Sophie Menkes

---

### Languages

FR

### Work Experience

since 2021	Medical Director of the Centre for Aesthetic and Regenerative Medicine, Clinique Nescens
2017-2021	Medical Director, Forever Institut, Geneva
2016-2017	Aesthetic doctor at Forever Institut, Geneva
2015-2016	Aesthetic doctor at Clinique Matignon
1995-2014	Opened a clinic as an internist and aesthetic doctor and nutrition coach, Paris
1994-1995	Head of PMI and maternity department, Paris
1989-1993	Medical practice in Internal Medicine, Mesotherapy and Aesthetic Medicine, Toulouse

### Education

2014-2024	CUMEG, University Diploma in Gynaecological and Aesthetic Medicine - Henri Mondor Faculty, Paris
2011	DUTIC, University Diploma in Injection and Filling Techniques in Plastic Surgery, Henri Mondor Faculty, Paris
2009	DIU, Inter-University Diploma in Mesotherapy, Faculté La Pitié Salpêtrière, Paris
2008	Diploma in Mesotherapy and Aesthetic Medicine, AMME
2007	DIU, Inter-university diploma in internal medicine, Faculté Bichat, Paris
1989	Diploma in Mesotherapy, Faculté Purpan, Toulouse
1980-1989	Medical studies at the Faculté Bichat, Paris
1986	Diploma in nutrition and Diploma in sexology

### Competences

Specialist in Regenerative Medicine (PRP, Microfat, Nanofat, Stromal Vascular Fraction, etc.)

Specialist in Aesthetic and Functional Gynaecology

Specialist in Internal Medicine

International medical trainer for Neuvia

International trainer for IBSA hyaluronic acid

Medical trainer for the Biminy Academy

Member of the NSA (Neauvia Scientific Academy) team

Member of the Tulip Medical Products Advisory Board

University lecturer

Medical speaker at international courses and congresses such as IFATS, ISPRESS, IMCAS, AMWC, ISAPS, SOFCEP...

## Memberships

Member of UIME (Union Internationale Médecine Esthétique)

Member of the SSME Council (Swiss Society of Aesthetic Medicine)

Founding Member and Secretary General EAGAMPS (European Association for Genital Aesthetic Medicine and Plastic Surgery)

Founding member and President AIRMESS (Academy of international Regenerative Medicine and Surgery Society)

Member ESAG (European Society of Aesthetic Gynecology)

Member IFATS (International Federation for Adipose Therapeutics and Science)

Member ISPRES (International Society of Plastic Regenerative Surgeons)

## Publications

- |      |  |
|------|--|
| 2021 | 2 chapters in " Plastic and Aesthetic Regenerative Surgery and fat grafting clinical application and operative techniques " edited by Amin Kalaaji <ul style="list-style-type: none"><li>• 1 chapter in " Regenerative medicine and plastic surgery " EMC-Techniques chirurgicales-2021 :1-12 (Article 45-018)</li><li>• "AIRMESS - Academy of International Regenerative Medicine &amp; Surgery Societies: recommendations in use of platelet-rich plasma (PRP), Autologous stem cell-based therapy(ASC-BT) in androgenetic alopecia and wound healing" - Expert opinion on biological therapy 2021</li></ul> |
| 2020 | "Microfat nanofat grafting in genital rejuvenation" Aesthetic Surgery Journal 2020,1-8   |
| 2019 | <ul style="list-style-type: none"><li>• "Subcutaneous injections of nanofat adiposed derived stem cell grafting in facial rejuvenation" Plast.Reconst.Surg.Glob Open 2020;8:e2550</li><li>• "Skinbooster for neck and décolleté</li></ul>  |
| 2018 | <ul style="list-style-type: none"><li>• "Nanofat grafting in facial rejuvenation</li><li>• "PRP and Erbium laser for genital rejuvenation</li></ul>  |
| 2017 | "Aesthetic gynecology  |
| 2011 | "Mesolift as complement of fillers   |
| 2009 | "Alopecia and Mesotherapy - Evaluation of efficiency - Prospective case study".  |
| 1989 | Thesis : "Interest of parenteral nutrition in hypotrophic newborns".   |

## Accreditation

[Clinique de Genolier](#)

## Specialties

[Aesthetic medicine](#)

[Regenerative Medicine](#)

## Contact

**Clinique Nescens**

Rte du Muids 5

1272 Genolier

[smenkes@nescens.com](mailto:smenkes@nescens.com)

[Download vCard](#)

[Download vCard](#)