



Gloria Picco-Romano

Sports instructor

Education

- 2014–2016 Master's degree in sport and physical education sciences, training and performance orientation at the University of Lausanne
- 2010–2014 Bachelor's degree in sports science and physical education from the University of Lausanne
- 2005–2010 Gymnastics instructor at the Lugano Gymnastics Society

Work Experience

- since 2020 Started working independently as a sports instructor
- 2016–2020 Substitutes at various schools in the canton of Ticino
- 2017–2018 Trainer for the Lugano gymnastics club
- 2014 Head of athletic preparation at the FC Bioggio team
- 2014 Substitutes at the middle school in Canobbio
- 2012 G+S Scholastic
- 2009 G+S II Equipment Gymnastics
- 2009 Life-Saving Patent (current PlusPool) + CPR Patent (current BLS-AED)
- 2008 G+S I Equipment gymnastics
- 2008 G+S Kids

Patent

- 2019 ProPool licence

Accreditation

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

Specialties

[Physiotherapy](#)

Contact

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