SWISS MEDICAL NETWORK



PD Dr med Stefan Rahm

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system,
Member FMH

Languages

DE,FR,EN,IT

Work Experience

since 2022	Practice partner at the Zurich Joint Centre, Privatklinik Bethanien
since 2014	Lecturer at the medical faculty of the University of Zurich
2020–2021	Senior Physician Hip and Pelvic Surgery, Balgrist University Hospital (Prof Mazda Farshad)
2014–2019	Senior consultant in orthopaedics (teams: knee, shoulder/elbow and since 2016 hip) Balgrist University Hospital (Prof Christian Gerber, Prof Mazda Farshad)
2014–2018	Lecturer at Careum AG training centre for healthcare professions
2015	Clinical sports surgery fellowship with Prof Pascal Boileau Chairman, Dpt of Orthopaedic & Sports Surgery, University Institute of Locomotion and Sports, Nice, France
2014	Specialist title for orthopaedic surgery and traumatology of the musculoskeletal system
2013–2014	Resident in orthopaedics and traumatology, St. Gallen Cantonal Hospital (Prof. Bernhard Jost)
2010–2013	Resident in orthopaedics, Balgrist University Hospital (Prof. Christian Gerber)
2009–2010	Traumatology, Cantonal Hospital Winterthur (Prof Marco Decurtins / PD Dr Kurt Käch)
2007	Military doctor / troop doctor at the Brugg barracks; served as a lieutenant

Education

2019	Habilitation and venia legendi in orthopaedics and traumatology of the musculoskeletal system, University of Zurich
2015	"Clinical sports surgery fellowship with Prof Pascal Boileau Chairman, Dpt of Orthopaedic & Sports Surgery, University Institute of Locomotion and Sports, Nice, France"
2011	Doctorate in Medicine, University Hospital Zurich "Risk Profile and Incidence of Pacemaker Implantation after Mitral Valve Replacement. Retrospective Analysis USZ and STZ (1990 - 2003)" Prof. Dr M. Genoni, Faculty of Medicine Zurich
2007	State examination, University of Zurich

2000–2007 Medical studies at the University of Zurich

Memberships

- Medical Association of the Canton of Zurich, AGZ
- Association of Swiss Assistant and Senior Physicians, VSAO
- Swiss Society for Orthopaedics and Traumatology, Swiss Orthopaedics
- Association of Swiss Physicians

Competences

Hip prosthetics and revision prosthetics:

- Total hip prosthesis minimally invasive, anterior approach for hip osteoarthritis
- Total hip prosthesis via all other lateral or trochanteric osteotomy approaches for hip osteoarthritis with complex deformities or previous operations
- Revision / replacement of total hip prostheses (if possible also via a minimally invasive approach) for worn total hip prostheses, periprosthetic fractures, total hip prosthesis infections or other complications

Sports surgery:

- Hip arthroscopy with labral surgery for hip impingement (femoroacetabular impingement)
- Osteotomies (targeted bone cuts) for certain hip deformities or unhealed fractures
- Tendon refixations for tendon tears (hip abductor tendons, hamstrings)

Cartilage and labrum surgery:

- via the so-called surgical hip dislocation

Trauma surgery:

- Osteosynthesis (surgical fracture treatment) for all fractures around the hip joint

Second opinion

Accreditation

Privatklinik Bethanien

Medizinisches Zentrum Haus zur Pyramide

Specialties

Orthopaedic surgery

Hip surgery

Hip osteoarthritis

Hip impingement

Hip prosthesis

Contact

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