SWISS MEDICAL NETWORK



FA M. Sadiq Rahmany

pract. med. FMH Anaesthesiology
FA Emergency physician SGNOR
Pain therapy and DGfAN
Master for neural therapy

Languages

DE,EN

Work Experience

since 2023	Practice activity, Ärztezentrum Oerlikon
2020–2021	GZO Spital Wetzikon, Institute for Anaesthesia, Intensive Care and Pain Medicine
2018–2020	Spital Bülach, Institute for Anaesthesia, Emergency Medicine and Pain Clinic
2018	See-Spital Horgen and Kilchberg, Institute for Anaesthesia, Intensive Care and Emergency Medicine
2012–2018	Gesundheitszentrum am See- Spital Lachen, Institute for Anaesthesia, Intensive Care and Emergency Medicine
2007–2012	Paracelsus Spital Richterswil ZH, Anaesthesia and resuscitation department
2005–2007	Stadtspital Triemli Zürich, Institute for Anaesthesiology, assistant doctor
2003–2005	Stadtspital Waid Zürich, Institute for Anaesthesiology, assistant doctor
2002–2003	Stadtspital Waid Zürich, Medical clinic, assistant doctor
2000–2002	Universitätsspital Zürich, Institute for Anaesthesiology and Resuscitation, assistant doctor
1999–2000	GZO-Spital Wetzikon, Surgical clinic, assistant doctor

Education

2021	DGfAN Master for Neural Therapy, Erfurt Germany
2018	SGSS pain specialist
2018	FA Interventional Pain Therapy (SSIPM)
2016	Specialist FMH Anaesthesiology
2016	FA Emergency physician SGNOR
2015	ACLS course in USZ
2015	Certified specialised pain therapy Nottwil
2015	WIT 2015 and emergency doctor refresher course Vienna
2014	Specialist examination for anaesthesiology in Bern
2014	Start4neo Basic Skills Course
2014	PALS Course Kantonsspital St. Gallen

2007	Emergency doctor course
1998	Federal State Examination in Human Medicine of the Universität Zürich
1994–1998	Medical studies at the Universität Zürich, beginning with clinical semesters
1993–1994	Nursing activity in the nursing home "Tannzapfenland" Münchwilen TG
1989–1991	Djumhuriat Hospital Kabul, Assistant Physician Medical Clinic
1984–1989	Medical studies at the University of Kabul

Competences

Competencies

- Acute and chronic pain of the entire spine
- Nerve pain
- Pain after surgeries and injuries
- Various headaches, including migraines
- Joint and muscle pain
- Complex regional pain syndrome (CRPS)
- Visceral pain
- Cancer pain

Treatment Options

- Medication-based pain therapy
- Infusion therapies with ketamine, procaine, and lidocaine
- Myofascial trigger point therapy
- Interventional pain therapy, such as:
  - CT-guided nerve root blockades
  - CT-guided sympathetic nerve blockades
  - CT-guided facet joint blockades (facet joint injections)
  - Image-guided epidural infiltrations
  - Joint infiltrations, muscle infiltrations (e.g., piriformis blockade)
  - Ultrasound-guided interventions (peripheral nerves, joints)
  - Radiofrequency therapy
  - Neurostimulation
- Pain psychotherapy and psychosomatic assessment and therapy

Accreditation

Schmerzklinik Basel

Specialties

Anesthesiology

Pain therapy

Neural therapy

Contact

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