SWISS MEDICAL NETWORK



Prof. Dr. med. Natalia Rudovich

Endocrinology / Diabetology

Languages

DE,RU

Education

2019	Appointment as Associate Professor at Charité Universitätsmedizin Berlin
2016	Recognition of the medical diploma in Switzerland Recognition of the further training title endocrinology/diabetology in Switzerland
2011	Venia Legendi for the subject "Internal Medicine", Charite-Universitätsmedizin, Berlin, Germany
2010	Specialist examination in internal medicine with specialisation in endocrinology and diabetology, Landesärztekammer Berlin, Germany
2008	Licence to practise medicine, Brandenburg State Medical Association, Germany
2005	Equivalency examination of the Brandenburg State Medical Association for foreign doctors, Cottbus, Germany
2003	Doctorate in "Human Medicine" at the Free University of Berlin, Germany
1996	Russian state examination with designation: specialist in endocrinology, St. Petersburg, Russian Federation
1993	Licence to practise medicine, St. Petersburg, Russian Federation
1992	Medical State Examination, I.P. Pavlov's University, St. Petersburg, Russian Federation
1986–1992	Medical studies at I.P. Pavlov's University, St. Petersburg, Russian Federation

Work Experience

since 2022	Head Physician for Endocrinology/Diabetology Spital STS AG, Thun
since 2021	Attending doctor at the Lindberg Private Clinic, Winterthur
2025	Attending physician at the Privatklinik Bethanien, Zurich
2016–2021	Head of Endocrinology/Diabetology, Bülach Hospital, Switzerland
2010–2016	Research Associate and Project Leader in the Department of Clinical Nutrition (Head: Prof. Dr. A.F.H. Pfeiffer), German Institute of Human Nutrition (Director: Prof. Dr. T. Grune), Nuthetal, , Germany
2001–2006	Research Associate in the Department of Clinical Nutrition (Head: Prof. Dr. A.F.H. Pfeiffer), German Institute of Human Nutrition (Director: Prof. Dr. H.G. Joost), Bergholz-Rehbrücke, Germany

2000–2001	Assistant physician at the Department of Endocrinology, Diabetes and Nutritional Medicine (Head: Prof. Dr. A.F.H. Pfeiffer), Charité-Universitätsmedizin Berlin, Campus Benjamin-Franklin, Berlin, Germany
1993–1997	Clinical Ordinature in Endocrinology at the Department of Faculty Therapy at I.P. Pavlov's Medical University, St. Petersburg, Russian Federation

Memberships

German Diabetes Society (since 2000)
European Association for Study of Diabetes (EASD, since 2000)
German Society for Endocrinology (since 2007)
German Hypertension League (since 2008)
European Society of Endocrinology (ESE, since 2016)
Swiss Society of Endocrinology and Diabetology (SGED, since 2016)
Endocrine Society (since 2020)

Competences

Endocrinology/Diabetology, Private Lecturer at Charite-Universitätsmedizin, Berlin, Germany and University Hospital Zurich, Switzerland

Awards

Prizes and scholarships
09/2000 Travel grant, 36th EASD Meeting, Jerusalem
09/2001 Travel grant, 37th EASD Meeting, Glasgow
05/2005 Danone Award for Nutritional Medicine, DGEM, Geneva, Switzerland
04/2006 Best Abstract Award, 1-th Diabetes Forum Amsterdam, Holland
6/2008 Dieter Klaus Sponsorship Award for High Pressure Research 2008
5/2009 Travel Award, 7-th Conference of System Medicine and Pathways, Corfu, Greece
2/2011 DDG project funding
2/2014 Menarini Project Grant 2014 of the German Diabetes Association
12/15 Project funding of the German Center for Diabetes (DZD)
2/2016 DDG project funding
3/2016 European Foundation for the Study of Diabetes Grant
12/17 Project funding of the German Center for Diabetes (DZD)

Accreditation

Privatklinik Bethanien

Specialties

Endocrinology

Diabetology

Contact

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