



# Prof. Dr. med. Christian Ruef

## Consiliary work

Specialist in infectiology and general internal medicine, member of FMH

## Languages

DE,FR,EN

## Work Experience

since 2025	Attending physician, Lindberg Private Clinic, Winterthur
since 2025	Independent practice, Ruef Practice, Zurich
since 2012	Infectiology practice at Klinik Hirslanden
2017-2025	In-patient and out-patient clinical infectiology and internal medicine duties at Privatklinik Lindberg
2010-2012	Senior Consultant at Zurich Airport representing Federal Health Authority (previously Acting Senior Consultant)
2009-2012	Special district doctor for Zurich Canton
1999-2011	Head of Zurich national reference centre for monitoring professional exposure and infections following accidental exposure to blood
1998-2011	Consultant in clinical infectiology at Balgrist University Hospital Orthopaedic Clinic, Zurich
1997-2011	Acting Clinic Director and Head of Consulting Services for Infectiology at Zurich University Hospital, Infectious Disease and Hospital Hygiene Clinic at Zurich University Hospital
1996-2011	Medical Director, Head of Hospital Hygiene, Zurich University Hospital
1994-2011	Head of Hospital Hygiene, Zurich University Hospital
2002	Honorary professor at the Faculty of Medicine at the University of Zurich
2000	Qualified as infectiologist
1995-1996	Scientific Director, Hospital Hygiene at Zurich University Hospital
1992-1996	Consultant, Infectious Disease and Hospital Hygiene Section, Department of Internal Medicine, Zurich University Hospital
1995	Adjunct Professor, Faculty of Medicine at the University of Zurich
1992	Specialist in internal medicine
1991-1992	Scientific medical director, Paediatrics Department and Infectious Diseases Section, Geneva University Canton Hospital
1990	Associate Research Scientist, Yale University School of Medicine, New Haven, CT (USA)
1990	Associate Investigator, Veterans Administration Medical Center, West Haven, CT (USA)

1987–1990	Fellow, Infectious Diseases Section, Yale University School of Medicine, New Haven, CT (USA) Zwischen 1.7.1988 und 31.12.1990: Attending Physician am West Haven VA Hospital
1985–1987	Registrar, Medical Department, Schaffhausen Canton Hospital
1984–1985	Resident, Department of Medicine, Reading Hospital and Medical Center, Reading, PA (USA)
1983–1984	Intern, Department of Medicine, Reading Hospital and Medical Center, Reading, PA (USA)
1983	Registrar, Institute for Radiotherapy and Nuclear Medicine, Zurich University Hospital

## Education

2002	Honorary professor
1996	Professorship in the Mechanisms of localised immune response in infectious diseases, Faculty of Medicine at the University of Zurich
1983	Thesis on nephradenoma, Faculty of Medicine at the University of Zurich
1982	Federal medical exam, University of Zurich

## Memberships

- Zurich Canton society of doctors
- Federation of Swiss doctors (FMH): full member
- Swiss society for infectious diseases: full member
- Swiss society for hospital hygiene: full member
- Infectious Diseases Society of America: corresponding member
- Society for Hospital Epidemiology of America: full member
- European Society of Clinical Microbiology and Infectious Diseases: full member

## Competences

Professor Ruef treats the full range of infectious diseases, specialising in:

- Diagnosing in-patients and out-patients suffering inflammations or infections of unknown origin
- Diagnosing and treating patients with Lyme disease or other tick-borne infections
- Diagnosing and treating patients with complex urinary tract or respiratory tract infections
- Treating patients with infections caused by antibiotic-resistant bacteria
- Treating patients with HIV, hepatitis B or hepatitis C
- Infectious diseases on return from travel (e.g. malaria and tropical viral or parasitic diseases)
- In-patient treatment for infections or internal diseases
- Joint management of in-patients from an infectiology or internal medicine perspective (e.g. following surgery)
- Pre-operative diagnostics and peri-operative joint management of patients

## Accreditation

[Privatklinik Lindberg](#)

[Privatklinik Belair](#)

[Rosenklinik Rapperswil](#)

## Specialties

[Infectiology](#)

[Internal medicine](#)

## Contact

### **Praxis Ruef**

Witellikerstrasse 40

8032 Zürich

T +41 44 387 29 50

[christian.ruef@praxis-ruef.ch](mailto:christian.ruef@praxis-ruef.ch)

[www.praxis-ruef.ch](http://www.praxis-ruef.ch)

[Download vCard](#)