SWISS MEDICAL NETWORK



# Dr. med. Philipp Sabandal

Specialist in orthopaedics and traumatology of the musculoskeletal system (FMH)
Specialist in surgery (FMH)

## Work Experience

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| since 2025 | Attending physician, Privatklinik Bethanien, Zurich |
| since 2020 | Senior Consultant, Orthopaedics/Traumatology, Upper Extremity and Sports Orthopaedics Team, Spital Männedorf (Dr. med. J. Forberger) |
| since 2018 | Consultant, Orthopaedic Clinic, Upper Extremity and Sports Orthopaedics Team, Kantonsspital Olten (Dr. med. C. Schwaller) |
| 2016–2018 | Consultant, Orthopaedic Clinic, Spital Limmattal, Schlieren (Dr. med. Th. Hug, Dr. med. Th. Michniowski) |
| 2015–2016 | Deputy Consultant, Lower Extremity Team, Schulthess Klinik, Zürich (PD Dr. med. M. Leunig, Dr. med. St. Preiss) |
| 2014–2015 | Resident, Lower Extremity Team, Schulthess Klinik, Zürich (PD Dr. med. M. Leunig, Dr. med. St. Preiss, Dr. med. O. Hersche) |
| 2013–2014 | Resident, Upper Extremity Team, Schulthess Klinik, Zürich (Dr. med. H.-K. Schwyzer) |
| 2012–2013 | Acting Consultant, Orthopaedic Clinic, Kantonsspital Olten (Dr. med. C. Schwaller) |
| 2011–2012 | Resident, Orthopaedic Clinic, Kantonsspital Olten (Dr. med. C. Schwaller) |
| 2010–2011 | Acting Consultant, Surgical Clinic, Kreisspital für das Freiamt, Muri (Dr. med. G. Teufelberger) |
| 2005–2009 | Resident, Surgical Clinic, Stadtspital Waid, Zürich (Prof. Dr. med. P. Buchmann, PD Dr. med. St. Wildi) |
| 2004 | Resident, Clinic for Visceral and Transplantation Surgery, Universitätsspital Zürich (Prof. Dr. med. P.-A. Clavien) |
| 2002–2003 | Resident, Surgical Clinic, Stadtspital Waid, Zürich (Prof. Dr. med. P. Buchmann) |
| 2001–2002 | Resident, Institute of Radiology, Kantonsspital Bruderholz, Basel (Dr. med. C. Petralli) |

## Education

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| 2006–2008 | Health Economics, Repetitorium Köln, DE |
| 2003 | Obtained medical license (Approbation as physician) |
| 2001 | State Examination in Human Medicine at Georg-August-Universität Göttingen, DE |
| 2000–2001 | Practical Year: Junior doctor (Unterassistent) at the Radiology Department of Kantonsspital Bruderholz, the Department of General Surgery, and the Department of Internal Medicine at Georg-August-Universität Göttingen, DE |
| 1994–2001 | Studies in Human Medicine at Georg-August-Universität Göttingen, DE |

## Memberships

European Society for Surgery of the Shoulder and Elbow, SECEC/ESSSE

D-A-CH Vereinigung für Schulter- und Ellenbogenchirurgie e. V., DVSE

Gesellschaft für Arthroskopie und Gelenkchirurgie, AGA

Verband schweizerischer Assistenz- und Oberärzte, VSAO

## Accreditation

Rosenklinik Rapperswil

Privatklinik Bethanien

## Specialties

Orthopaedic surgery

Shoulder surgery

Shoulder prosthesis

Frozen shoulder

Calcific tendonitis of the shoulder

Shoulder dislocation

Rotator cuff rupture

Shoulder impingement

Foot/ankle surgery

Achilles tendon rupture

Torn ligaments / ligament injuries

Hand surgery

Knee arthroscopy

Meniscus tear

## Contact

**ZOTZ – Zentrum für Orthopädie und Traumatologie Zürichsee**
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