SWISS MEDICAL NETWORK



Dr. med. Michel Schneider

Specialist in neurosurgery, FMH; especially spinal surgery;
Interdisciplinary focus on spinal surgery SGNC/SO

Languages

DE,EN

Profile

Michel Schneider, MD, specialist in neurosurgery, founded and heads the Rückenpraxis Seefeld Zurich. Dr. Schneider became fascinated by spinal surgery early on during his further training as a specialist in neurosurgery FMH. He specialised in complex cervical spine surgery during a fellowship at the University of Toronto, Canada with Prof. Dr. M. Fehlings and at Balgrist University Hospital, Zurich with Prof. Dr. M. Farshad in orthopaedic spine surgery. Under Prof. M. Fehlings, Dr Schneider wrote research papers in the field of non-traumatic spinal cord injuries (cervical myelopathy) and received a «Best Paper» award out of over 1400 research papers from the North American Spine Society NASS in 2019.
As a speciality, M. Schneider, MD, is one of the few spine surgeons in Switzerland to offer endoscopic surgery on the spine, which enables very gentle operations with a skin incision of just a few millimetres.

Competences

- Endoscopic spinal interventions for disc herniations/ herniated discs
- Complex cervical spine procedures from ventral/anterior and dorsal/ posterior for disc hernias, spinal canal stenosis, fractures
- Complex revision surgery of the spine after previous operations
- Special spinal surgery of the ventral, lumbar and thoracic spine
- Minimally invasive and open stabilisation techniques/spondylodeses of the entire cervical, thoracic and lumbar spine for degenerative diseases and trauma
- Microsurgical minimally invasive decompressions for disc hernias and spinal canal stenoses of the entire spine
- Minimally invasive and stabilising interventions for osteoporotic or traumatic vertebral fractures (vertebroplasty, kyphoplasty and stabilisation)
- Infections and metastases of the spine
- Second opinions

Work Experience

since 2024	Attending Physician, Neurosurgery, Kantonsspital Winterthur
since 2023	Foundation of the Rückenpraxis Seefeld, Zurich
since 2023	Attending physician at the Privatklinik Bethanien, Zurich

2020–2023	Attending physician, spinal surgery, Spital Zollikerberg, Zurich
2020–2023	Practice activity, spine practice Dr B. Wälchli, Zurich
2019	Fellowship, neurosurgical spine surgery, especially cervical spine surgery, Toronto Western Hospital, CAN (Prof M. Fehlings)
2018–2019	Fellowship and debuty senior Physician, orthopaedic spine surgery, Universitätsspital Balgrist, Zurich (Prof M. Farshad)
2015–2018	Resident, neurosurgery, Kantonsspital St. Gallen, St. Gallen (Prof G. Hildebrandt, Prof A. Weyerbrock)
2013–2015	Resident, neurosurgery, Kantonsspital Winterthur, Zurich (PD Dr J. Oberle)
2012	Resident, visceral, thoracic and vascular surgery, Kantonsspital Winterthur, Zurich (Prof M. Decurtins, Prof St. Breitenstein)
2009	Research, University of California San Francisco, USA

Education

2025	Spine Endoscopy Course and Meeting, Naples, USA
2024	French Spine Endoscopy Course and Meeting, Grasse, France
2023	Biportal Endoscopic Spine Surgery Course, Lucerne, Switzerland
2022	Endoscopy Spine AO Advanced Course
2021	Specialty title, spine surgery SGNC/SO
2019	Fellowship diploma, University of Toronto, CAN
2019	Fellowship diploma, Universitätsspital Balgrist, Zurich
2019	Specialist diploma, neurosurgery
2019	Endoscopy Spine AO Basic Course
2011	Doctorate, Dr med, University of Bern
2004–2011	Medical studies, state examination, University of Bern
2001–2004	Business informatics specialist, Bank Julius Baer, Zurich, Dr. W. Langnickel

Memberships

- Ärztegesellschaft des Kantons Zürich, AGZ
- Schweizerische Gesellschaft für Neurochirurgie, SGNC
- Schweizerische Gesellschaft für Spinale Chirurgie, SGS
- Global Academic Community In Spine Care, AO Spine
- North American Spine Society, NASS
- Spine Society of Europe, EUROSPINE

Accreditation

Privatklinik Bethanien

Medizinisches Zentrum Haus zur Pyramide

Specialties

Spinal surgery

Neurosurgery

Spinal tumours and metastases on the spinal column

Spinal stenosis – narrowing of the spinal canal

Herniated disc

Herniated disc in the thoracic spine

Slipped disc in the cervical spine – cervical disc herniation

Herniated disc in the lumbar spine

Contact

Rückenpraxis Seefeld
Seefeldstrasse 277a
8008 Zürich

info@rueckenpraxis-seefeld.ch
www.rueckenpraxis-seefeld.ch

Download vCard