



# Dr. med. Jean-Claude Sedran

Specialist in orthopaedic surgery and traumatology of the musculoskeletal system, FMH member

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## Languages

IT,FR,EN

## Work Experience

- During the Degree Course attendance for a period of about 2 years at the Institute of General Surgery at the Arcispedale S' Anna in Ferrara with ward, operating theatre and scientific activities
- January 1999- November 1999 attending physician at the Orthopaedic and Traumatology Clinic in Ferrara
- Attendance at the Orthopaedics and Traumatology Division of the Santa Maria Nuova Hospital in Reggio Emilia during the period April 2002.
- Continuity of Care Service AUSL of Ferrara from 01-04-2002 to 01-05-2003
- Sports doctor for the "Centese" football club in the amateur/excellence championship from 2000 to 2002 and for A.C.Mezzolara in the national amateur/ Series D championship from 2002-2003
- Deputy Regional Medical Trustee of the Emilia Romagna Regional Committee of the National Amateur League- F.I.G.C. for the 2002-2003 sports season and Doctor for the Junior category Men's Football Teams, Women's Football Teams and Five-a-side Football Teams at the "Torneo delle Regioni" 43rd edition, held in Fiuggi from 15 to 23 April 2003.
- Attendance at the Shoulder and Elbow Surgery Centre at Villa Serena in Forlì from June 2002 to January 2003.
- 02 June- 31 July 2003 Shoulder Surgery internship at the Sainte Anne Lumière Clinic in Lyon (France) with Dr. G.Walch.
- 03-11-2003/29-02-2004;05-04-2004/31-07-2004: Free professional appointment as Assistant Doctor with orthopaedic qualification at the COF (Orthopaedic and Physiotherapy Centre) in Lanzo d'Intelvi (CO).
- 01-11-2004/31.10.2006: Freelance assignment as Orthopaedic and Trauma Specialist at the COF in Lanzo d'Intelvi (CO).
- 15-II-2006/31.10.2009: Head Doctor in the Orthopaedics and Traumatology Service of the Locomotor Apparatus
- Race doctor for the "Tirreno-Adriatica" professional stage race: since 2005.
- Race doctor "Milano-San-Remo" since 2005.
- Tour of Lombardy' race doctor since 2004.
- Race doctor 'Giro d'Italia' stage race for professional riders since 2004.

- Medical doctor for the ice hockey team "Killer Bees" of Varese in the Championship IV league
- Swiss Championship 2008-2009 and Swiss Championship League III 2009-2010.
- Medical doctor for the Massagno (Lugano) basketball team (1st team and junior team) Swiss League Championship 2008-2009, 2009-2010, 2010-2011 and 2011-2012.
- Orthopaedic and Traumatologist Hospital Doctor at Clinica Luganese SA since 2010

## Education

2005	Recognition of Italian qualifications (Laurea, State Examination and Specialization in Orthopaedics and Traumatology) in Switzerland by FMH
2004	Specialty in Orthopedics and Traumatology obtained at the University Clinic of Ferrara.
1999	Professional licensing examination taken at the University of Ferrara.
1998	Degree in Medicine from the University of Ferrara with a grade of 105/110 discussing the thesis " An incremental walking test to determine pain threshold in subjects with claudication intermittens. Spsermental results of a rehabilitation protocol performed at walking speed below the pain threshold."
1991	Science Maturity

## Research

- 2-3 July 1999 Congress in Pescara "Le protesi d'anca alle soglie del 2000": "La 'forma' del complesso stelo-cemento nella protesizzazione dell'anca"; G.C.Traina-L.Massari-J.C.Sedran.
- 18 February 2000 Congresso degli Specializzandi di Parma speaker on "Surgical treatment of calcaneal fractures with the new TRA.MA. multiform plate: long-term results in relation to gait analysis"; J.C.Sedran-A.Gildone-R.Ferrante M.Manfredini-L.Massari.
- 26-31 March 2000 13th National Congress of the Italian Polyspecialist Society of Young Surgeons in Madonna di Campiglio; Abstracts on Hepato-Gastroenterology, Supplement I, volume 47, March 2000: "Fractures of the distal part of the femur: our experience with the intramedullary retrograde nail"; R.Ferrante M.Manfredini-A.Gildone- J.C.Sedran-Prof. L.Massari.
- 15-17 June 2000 3rd Congress EFAS (European Foot and Ankle Society's: Poster n°30 "Clinical, Radiographic and Baropodometric results of calcaneal fractures treated with modified multihole plates"; L.Massari- R.Ferrante- A.Gildone- J.C.Sedran-G.Zanoli.
- 23-27 April 2002 10th ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy) in Rome: Poster n. 81 "Femoral Graft Fixation in ACL reconstruction with doubled G-ST: Comparison between three femoral fixation systems"; R.Nardacchione-P.Piovan-R.Ferrante-D.Camobreco-J.C.Sedran.
- 10-11 May 2002 125th S.E.R.T.O.T. Meeting in Padua presentation as speaker of the communication: "The prosthetic treatment in valgus gonarthrosis", J.C.Sedran- R.Ferrante-D.Camobreco-R.Nardacchione.
- 14 February 2003 8th National Congress of Trainees in Orthopaedics and Traumatology in Parma: "Endomedullary osteosynthesis of diaphyseal fractures of humerus with Marchetti-Vicenzi nail: review of 94 cases", F.Artioli-F.Zerbinati- J.C.Sedran-A.Gildone Prof.L.Massari.
- Translated from the English version of the volume 3- number 1 (March 2003): "Orthopaedic Geriatrics" of the series of Techniques of Orthopaedic Surgery by F.H.Fu, Verduci Editore, with my colleague Dr. A.Gildone.

- Correlation between subjective and objective outcome measures after surgically treated tibial plateau fractures. G.Zanolli, E.Romanini, R.Padua, S.Bernasconi, J.C.Sedran, R.Cadossi, L.Massari. EMusk2, 2nd International Meeting on Evidence-Based Medicine; 19-20 June 2003, Middlesbrough, UK.
- 12th National Congress of the Italian Osteosynthesis Club in Sesto Posteria (BZ), 31-04-2004/07-02-2004: "The treatment of tibial pilon fractures with internal osteosynthesis". L.Massari, G.Caruso, J.C.Sedran, G.C.Traina(Ferrara).

## Memberships

Registered with the Provincial Order of Physicians-Surgeons and Dentists of Ferrara from February 1999 to December 2001.  
 Registered with the Provincial Order of Physicians-Surgeons and Dentists of Pordenone since December 20, 2001 (No. 1687).  
 Member of the FMH (Federation Medicin Helvetiq ue) since 2008.  
 Member of the Medical Association of Ticino (Switzerland) since 2008.  
 Licensed to practice in Ticino since 2008  
 ESSKA member since 2010

## Accreditation

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

[Chiasso](#)

[Bellinzona](#)

## Specialties

[Orthopaedic surgery](#)

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[Shoulder surgery](#)

[Knee pain and knee surgery](#)

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