

Dr. med. Yasmine Sidahmed

Specialist in Physical and Rehabilitation Medicine
Head of Unit Physician

Languages

FR,EN

Work Experience

since 2026	Head of Unit Physician, Clinique Valmont, Glion sur Montreux, Switzerland
2024–2026	Senior Registrar, University Department of Neurorehabilitation, Lausanne University Hospital (CHUV), Lausanne, Switzerland
2022–2024	Senior Registrar, Department of Neurological Rehabilitation, Grau du Roi – Nîmes University Hospital (CHU de Nîmes), France
2021–2022	Deputy Senior Registrar in Physical and Rehabilitation Medicine, Montpellier, France • Neurological Rehabilitation, Clinique Bourgès, Montpellier, France • Musculoskeletal Rehabilitation, Clinique Fontfroide, Montpellier, France
2018–2021	Resident Physician in Physical and Rehabilitation Medicine, Montpellier-Nîmes, France • Rehabilitation of patients with spinal cord injuries, Centre Propara, Montpellier, France • Department of Neurology, Montpellier University Hospital, France • Department of Neurological Rehabilitation, Grau du Roi – Nîmes University Hospital, France • Geriatric Rehabilitation Department, Nîmes University Hospital, France • Post-Intensive Care Rehabilitation Department, Nîmes University Hospital, France

Education

2026	Toxin Academy Masterclass, Fribourg, Switzerland
2025	Expert Anatomy of the Lower Limb Workshop, including ultrasound-guided and injection techniques, Bern, Switzerland
2022	Inter-University Diploma in Spasticity and Neuro-Orthopaedics, Faculty of Medicine Montpellier-Nîmes, France
2022	Specialist Diploma in Physical and Rehabilitation Medicine, Faculty of Medicine Montpellier-Nîmes, France
2021	State Diploma of Doctor of Medicine, Faculty of Medicine Montpellier-Nîmes, France
2013–2018	Rangueil Faculty of Medicine, Toulouse, France

Accreditation

[Clinique Valmont](#)

Specialties

[Physical and rehabilitation medicine](#)

Contact

Clinique Valmont

Route de Valmont

1823 Glion sur Montreux

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