



SWISS MEDICAL
NETWORK



Sofia Sofkou

Physiotherapist
Hospital Lead in Physiotherapy

Languages

FR,EN,EL

Work Experience

- since 2023 Physiotherapist, Centre de thérapies physiques et cognitives de Montchoisi, Lausanne, Switzerland
- 2016–2022 Physiotherapist, Driss KHALDI Physiotherapy Practice, Vevey, Switzerland
- 2013–2016 Physiotherapist, Athina TSIATSIUO Physiotherapy Clinic, Naoussa, Greece
- 2011–2016 Independent home-based physiotherapist, Naoussa, Greece
- 2012–2014 Volunteer physiotherapist, Centre for the Elderly, Naoussa, Greece

Education

- 2023 Physiotherapy and occupational therapy for patients suffering from functional neurological disorders
- 2023 Welcome and communication based on hospitality best practice
- 2017 Course on cervical disc disease, Chamblon Hospital, Switzerland
- 2017 Lymphatic drainage training, Basic course level I. Lower limb lymphoedema, drainage and bandaging, Simone MONNEY drainage training, Chexbres, Switzerland
- 2013 "Shoulder instability, femoroacetabular impingement syndrome and patella instability", Drama, Greece
- 2006–2011 Physiotherapy Diploma, Institute of Technological Education, Thessaloniki, Greece

Accreditation

[Clinique de Montchoisi](#)

Specialties

[Physiotherapy](#)

[Global reconditioning](#)

Contact

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