



# Sofia Sofkou

## Physiotherapist

## Languages

FR,EN,EL

#### **Work Experience**

since 2023	Physiotherapist, Centre de thérapies physiques et cognitives de Montchoisi, Lausanne, Switzerland
2016-2022	Physiotherapist, Driss KHALDI Physiotherapy Practice, Vevey, Switzerland
2013-2016	Physiotherapist, Athina TSIATSIOU Physiotherapy Clinic, Naoussa, Greece
2011-2016	Independent home-based physiotherapist, Naoussa, Greece
2012-2014	Volunteer physiotherapist, Centre for the Elderly, Naoussa, Greece
Education	
2023	Physiotherapy and occupational therapy for patients suffering from

2023	Physiotherapy and occupational therapy for patients suffering from functional neurological disorders
2023	Welcome and communication based on hospitality best practice
2017	Course on cervical disc disease, Chamblon Hospital, Switzerland
2017	Lymphatic drainage training, Basic course level I. Lower limb lymphoedema, drainage and bandaging, Simone MONNEY drainage training, Chexbres, Switzerland
2013	"Shoulder instability, femoroacetabular impingement syndrome and patella instability", Drama, Greece
2006-2011	Physiotherapy Diploma, Institute of Technological Education, Thessaloniki, Greece

#### Accreditation

Clinique de Montchoisi

## **Specialties**

**Physiotherapy** 

Global reconditioning

Medical training therapy (MTT)

#### Contact

### Centre de thérapies physiques et cognitives

Avenue de Montchoisi 27 1006 Lausanne

T +41 21 619 34 60 physio@montchoisi.ch

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