



# Sofia Sofkou

Physiotherapist  
Hospital Lead in Physiotherapy

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## Languages

FR,EN,EL

## Work Experience

- |            |   |
|------------|---|
| since 2023 | Physiotherapist, Centre de thérapies physiques et cognitives de Montchoisi, Lausanne, Switzerland |
| 2016–2022  | Physiotherapist, Driss KHALDI Physiotherapy Practice, Vevey, Switzerland                          |
| 2013–2016  | Physiotherapist, Athina TSIATSIU Physiotherapy Clinic, Naoussa, Greece                            |
| 2011–2016  | Independent home-based physiotherapist, Naoussa, Greece   |
| 2012–2014  | Volunteer physiotherapist, Centre for the Elderly, Naoussa, Greece                                |

## Education

- |           |   |
|-----------|---|
| 2023      | Physiotherapy and occupational therapy for patients suffering from functional neurological disorders  |
| 2023      | Welcome and communication based on hospitality best practice  |
| 2017      | Course on cervical disc disease, Chamblon Hospital, Switzerland   |
| 2017      | Lymphatic drainage training, Basic course level I. Lower limb lymphoedema, drainage and bandaging, Simone MONNEY drainage training, Chexbres, Switzerland |
| 2013      | "Shoulder instability, femoroacetabular impingement syndrome and patella instability", Drama, Greece  |
| 2006–2011 | Physiotherapy Diploma, Institute of Technological Education, Thessaloniki, Greece   |

## Accreditation

[Clinique de Montchoisi](#)

## Specialties

[Physiotherapy](#)

[Global reconditioning](#)

## Contact

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