SWISS MEDICAL NETWORK



Dr. med. Nikolaos Varelas

Orthopaedic surgery and traumatology, Member of the Swiss Medical Association (FMH)

Languages

FR

Competences

- Knee replacement surgery and ligament surgery
- Minimally invasive hip replacement surgery
- Traumatology of the upper and lower limbs

Work Experience

since 2017	Deputy physician (40% of hours), Orthopaedic surgery department, Hôpital du Valais, Sion
since 2017	Consultations in orthopaedic surgery and traumatology, Maison Santé Chablais, Collombey
since 2017	CIC-accredited orthopaedic surgeon, Saxon
2014–2016	Chief resident in orthopaedics, traumatology, and knee and hip replacement surgery, Hôpital du Valais, Sion
2013–2014	Resident in orthopaedics at the Hôpital du Valais
2012–2013	Resident in orthopaedics, traumatology, hip and knee replacement surgery, and orthopaedic oncology, Centre Hospitalier Universitaire Vaudois, Lausanne
2008–2012	Resident in orthopaedics at the Hôpital de la Chaux de Fonds, the Hôpital du Valais and the Hôpital de Riaz
2006–2008	Resident in general and orthopaedic surgery at the Clinique de Valère in Sion and the Hôpital Riviera

Education

2016–2017	Chief resident in orthopaedics, specialist knee ligament consultation, Hôpital du Valais, Sion

Memberships

- Member of the Swiss Medical Association (FMH)
- Société Médicale du Valais
- AO Trauma member since 2015

Publications

« Operative treatment of an atypical segmental bipolar fracture of the clavicle ». Archives of Trauma Research 2015 Dec, par Nikolaos Varelas, P. Joosse, P. Zermatten.

Tumeurs de l'appareil locomoteur : de la simple « bosse » à la prise en charge multidisciplinaire, Rev Med Suisse, par Stéphane Cherix, Nikolaos Varelas, Igor Letovanec, Fabio Becce, Béatrice Gay, Maurice Matter, Michel Gonzalez, François Saucy, Thierry Christen, Hannes A. Rüdiger.

«Proper imaging to limit medical error in orthopaedic surgery», 1st Virtopsy congress, octobre 2016, Napoli, Italy.

«Is obesity a contraindication for a unicompartmental knee arthroplasty», par Nikolaos Varelas, R. Gardon,PD H. Huber, EFORT, juin 2014, Londres, UK.

Media

Radio:

- 2020, interview "La rotule"
- 2020, interview "Mon genou est bloqué ; que puis-je faire ?"
- 2020, interview "Les lésions ligamentaires du genou"
- 2020, interview "Les traitements de l'arthrose"
- 2020, interview "Douleurs au genou, quand consulter ?"
- 2018, interview "L'arthrose du genou"
- 2018, interview "Nouvelles techniques de prise en charge de l'arthrose du genou"

Press:

- Lausanne Cités, novembre 2019 : "Pour prévenir les accidents, préparez votre saison de ski !"

Accreditation

Clinique de Montchoisi

Montchoisi Medical Center

Specialties

Orthopaedic surgery

Hip surgery

Knee pain and knee surgery

Knee arthroscopy

Osteoarthritis of the knee

Hip prosthesis

Knee prosthesis

Cartilage damage

Cruciate ligament tear

Meniscus tear

Contact

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