



# Dr méd. Franco Bidoglio

Medicina dello Sport

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## Langues

IT,EN,DE,FR

## Expérience professionnelle

- Depuis 2026 **XXV Olympic Winter Games - International Olympic Committee IOC**  
Milano - Cortina, Italy  
**Sports and Exercise Medicine Physician**  
• Member of Medical Department
- Depuis 2024 **Swiss Football Association (ASF) Switzerland**  
**Sports and Exercise Medicine Physician**  
• Member of Medical Department for Swiss National Team - Male Youth Selections
- Depuis 2023 **Mapei Sport Service** Olgiate Olona, Italy  
**Sports and Exercise Medicine Physician**  
• Sports Trauma and Rehabilitation  
• Sports Cardiology  
• Athlete Screening  
• Exercise Prescription
- Depuis 2023 **Football Club Lugano** Lugano, Switzerland  
**Sports and Exercise Medicine Physician**  
• Team Doctor - Swiss Super League | UEFA Champions League | UEFA Europa League | UEFA Conference League
- Depuis 2023 **Campus Ludes University** Lugano, Switzerland  
**Professor - Bachelor's of Physiotherapy**  
• Physiotherapy in Traumatology
- Depuis 2023 **Hockey Club Lugano** Lugano, Switzerland  
**Sports and Exercise Medicine Physician**  
• Consultant  
• Sports Trauma and Rehabilitation  
• Athlete Screening
- Depuis 2022 **Clinica Ars Medica - Centro dello Sport - Swiss Olympic Medical Center**  
Gravesano - Manno, Switzerland  
**Sports and Exercise Medicine Physician**  
• Sports Trauma and Rehabilitation  
• Sports Cardiology  
• Athlete Screening  
• Musculoskeletal Ultrasound (MSK-US)  
• Ultrasound Intra-Articular Guided Injections  
• Regenerative Medicine  
• Cardiopulmonary Exercise Test (CPET)

2022	<b>Isokinetic Medical Group – FIFA Medical Centre of Excellence</b> Bologna - Milano, Italy <b>Sports and Exercise Medicine Physician</b> • Visiting Doctor • Sports Trauma and Rehabilitation
2021	<b>Paris Saint-Germain Football Club</b> Paris, France <b>Sports and Exercise Medicine Physician</b> • Resident • Medical Assistant and Internship • Thesis Project on Muscle Injuries
2017–2021	<b>University of Pavia - Interdepartmental Centre of Biology and Sports Medicine</b> Pavia, Italy <b>Sports and Exercise Medicine Physician</b> • Resident • Sports Trauma and Rehabilitation • Sports Cardiology • Sports Radiology • Athlete Screening • Cardiopulmonary Exercise Test (CPET) • Exercise Prescription • Sports Science
2019	<b>Aspetar Orthopaedic and Sports Medicine Hospital - FIFA Medical Center of Excellence</b> Doha, Qatar <b>Sport and Exercise Medicine Physician</b> • Resident • Medical Assistant and Internship • Sports Trauma and Rehabilitation • Sports Radiology • Athlete Screening • Regenerative Medicine • Sports Science
2010–2016	<b>Circolo Fondazione Macchi Hospital   University of Insubria</b> Varese, Italy <b>Medical Assistant</b> • Internal Medicine Department • General and Toracic Surgery Department • Pediatric Medicine Department • Orthopaedic and Traumatology Department

## Formation

2026	<b>Advanced Training in Musculoskeletal Interventional Ultrasound</b> SIUMB - The Rizzoli Orthopaedic Institute (IOR), Bologna, Italy
2024–2025	<b>Master's Degree in Sports Cardiology</b> University of Padova, Padova, Italy
2024	<b>Advanced Training in Ultrasound Intra-Articular Guided Injections</b> J medical, Torino, Italy
2024	<b>Cardiopulmonary Resuscitation and Emergency Defibrillation in Adults and Paediatrics Patients</b> IRC - ERC - ILCOR, Milano, Italy
2023	<b>Advanced Training in Cardiopulmonary Exercise Test (CPET)</b> Monzino Cardiological Center University of Milan, Milano, Italy
2023	<b>Advanced Training in Treatment of Tendinopathy   Percutaneous Electrolysis Ultrasound Guided</b> J medical, Torino, Italy
2022–2023	<b>Master's Degree in Sports Orthopaedic and Trauma</b> University of Bologna - Humanitas University of Milan, Bologna - Milano, Italy
2021	<b>Advanced Training in Musculoskeletal Ultrasound (MSK-US)</b> SIUMB - The Maggiore Hospital, Bologna, Italy
2017–2021	<b>Sports and Exercise Medicine</b> University of Pavia, Pavia, Italy
2016	<b>Degree in Medicine and Surgery</b> University of Insubria, Varese, Italy

## Publications

- 2025 **Hamstring T-Junction surgical repair: an elite footballer's return to play journey through a new football centered complex approach**  
• **Authors** Massimo Zanovello, Mattia Bianchi, Lasse Lempainen, Marano Marco, Franco Bidoglio, Luis Suarez Arrones  
• **Journal Name** International Journal of Sports Physical Therapy (IJSPT) - Case Reports  
• **Volume, Issue and Pages** 20(5):727-74
- 2024 **Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life**  
• **Authors** Franco Bidoglio, Roberto Bottinelli, Maria Rita Gualea  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 77(3):390-402
- 2023 **La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse**  
• **Authors** Franco Bidoglio, Peter Jenoure  
• **Journal Name** Sports & Exercise Medicine Switzerland Journal (SEMS Journal)  
• **Volume, Issue and Pages** December 2023
- 2023 **Sem around the world**  
• **Authors** Franco Bidoglio  
• **Journal Name** British Journal of Sports Medicine - Open Sport & Exercise Medicine  
• **Volume, Issue and Pages** September 2023
- 2022 **Specific Sports Related Injuries**  
Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running  
• **Authors** Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio  
• **Volume, Issue and Pages** CH.14(187-196)  
• **Publisher** Springer
- 2021 **Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support**  
• **Authors** Franco Bidoglio, Carmine Stefano Poerio, Massimo Testa, Roberto Bottinelli, Daniele Zaccaria  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 74(2):346-8
- 2021 **Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era**  
• **Authors** Giovanni Camporeale, Esmeralda Eshja, Oronzo Catalano, Franco Bidoglio, Roberto Bottinelli, Daniele Zaccaria  
• **Journal Name** Medicina dello Sport  
• **Volume, Issue and Pages** 74(4):706-13
- 2019 **Sudden death in football: really so frequent or amplified media?**  
• **Authors** Franco Bidoglio, Matteo Ceccaroli, Emanuele Facchinetti, Carmine Stefano Poerio, Federico Brunetti, Daniele Zaccaria, Roberto Bottinelli  
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine
- 2019 **Ventricular extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path**  
• **Authors** Carmine Stefano Poerio, Daniele Zaccaria, Emanuela Longa, Luigi D'Introno, Emanuele Facchinetti, Franco Bidoglio, Roberto Bottinelli  
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine

## Présentations

Speaker and Guest at National and International Conferences

- Sports Medicine
- Rehabilitation
- Cardiology
- Orthopaedic and Traumatology
- Regenerative Medicine

### Affiliations

- Depuis 2019 **Italian Federation of Sports Medicine - FMSI**  
• Number 22277
- 2022 **Mebeko, Switzerland**  
• GLN 760100156925
- 2017 **Board of Physicians and Surgeons, Italy**  
• Board of Varese Province  
• Number 7715

### Accréditation

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

[Ars Medica Agno](#)

### Spécialités

[Médecine du sport](#)

### Contactez-nous

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