

# Roger Vogel

Facharzt für Orthopädische Chirurgie und Traumatologie des Bewegungsapparates FMH  
Interdisziplinärer Schwerpunkt Sportmedizin  
Diplomtrainer Spitzensport

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## Formation

- Depuis 2015 FMH for orthopaedic surgery and traumatology of the musculoskeletal system
- Depuis 2015 Interdisciplinary specialisation in sports medicine
- 2016 Basic course in ultrasound of the musculoskeletal system
- 2015 Arthroscopy course Arosa
- 2013 AO Course: Swiss Residents Course -Advanced Fracture Management
- 2013 AMIS Total Hip Replacement
- 2012 AO Trauma Europe Regional Masters Workshop: Shoulder and Elbow
- 2010 MIS application of NCB Polyaxial Locking Plates
- 2008 AO Course: Approaches and Osteosynthesis
- 2007 ATLS Student Course

## Expérience professionnelle

- Depuis 2024 Employee at the "Gruppenpraxis Ittigen"  
Attending physician at Salem Hospital
- 2018-2023 Employee at the practice of Dr B. Aklin - Orthopaedic practice Neuengasse  
Attending physician at Salem Hospital
- 2015-2018 Senior Physician Orthopaedics (Practice Prof. Dr H.-U. Stäubli)
- 2013-2015 Senior consultant in orthopaedics (BSS Solothurn)
- 2012 Rotation assistant hand surgery (Inselspital Bern)
- 2010-2011 Resident in orthopaedics, in Lucerne, Langnau and at Inselspital Bern
- 2006-2007 Resident in surgery, emergency department Sonnenhofspital, Bern
- 2005-2006 Orthopaedics assistant at the Rennbahn Clinic, Muttenz
- 2004-2005 Assistant doctor in surgery  
Cardiovascular surgery, Inselspital, Bern
- 2002-2004 Operating theatre assistant surgery
- 2003 Scientific assistant  
Psychiatric University Polyclinic Bern (Autonomic Nervous System)
- 2000-2002 Scientific research assistant at the Sports Science Institute Magglingen

## **Publications**

Buess E, Waibl B, Vogel R, Seidner R: A comparative clinical evaluation of arthroscopic single-row versus double-row supraspinatus tendon repair. *Acta Orthop Belg* 2009; 75(5), 588-594

Vogel R: "Overtraining": Definitions, ethiological hypotheses, current trends and methodological limitations. *Schweiz Z Sportmed Sporttraumatol* 2001; 49(4), 154-162  
Vogel R, Marti B, Birrer D, Held T, Seiler R, Hoppeler H: Performance level, heart rate regulation and psychological factors as potential predictors of "overtraining" in endurance sports: results of a prospective study with top athletes. *Switzerland Z Sportmed Sporttraumatol* 2001; 49(4), 163-172

### **Poster:**

Vogel R, Buess E: Special forms of shoulder instability. Annual Congress SGO 2007, Montreux

Vogel R, Held T, Seiler R, Hoppeler H, Marti B: Overreaching due to a recovery deficit: a case study. Trainer Autumn Conference 2001, Magglingen

Vogel R, Marti B: Changes in resting heart rate before fatigue-induced training reduction and illness. Trainer Autumn Conference 2001, Magglingen

## **Prix**

**2001:** Wissenschaftlicher Preis der Schweizerischen Gesellschaft für Sportmedizin für die Arbeit «Gegenseitige Abhängigkeit von Leistungsvermögen, Herzfrequenz-Regulation und psychologischen Faktoren bei Ausdauersportlern: Ergebnisse einer Prospektivstudie

## **Accréditation**

[Privatklinik Siloah](#)

## **Spécialités**

[Médecine du sport](#)

[Chirurgie orthopédique](#)

## **Contactez-nous**

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