



Dr. med. Franco Bidoglio

Medicina dello Sport

Lingue

IT,EN,DE,FR

Esperienze professionali

- dal 2026 **XXV Olympic Winter Games - International Olympic Committee IOC**
Milano - Cortina, Italy
Sports and Exercise Medicine Physician
 - Member of Medical Department
- dal 2024 **Swiss Football Association (ASF) Switzerland**
Sports and Exercise Medicine Physician
 - Member of Medical Department for Swiss National Team - Male Youth Selections
- dal 2023 **Mapei Sport Service** Olgiate Olona, Italy
Sports and Exercise Medicine Physician
 - Sports Trauma and Rehabilitation
 - Sports Cardiology
 - Athlete Screening
 - Exercise Prescription
- dal 2023 **Football Club Lugano** Lugano, Switzerland
Sports and Exercise Medicine Physician
 - Team Doctor - Swiss Super League | UEFA Champions League | UEFA Europa League | UEFA Conference League
- dal 2023 **Campus Ludes University** Lugano, Switzerland
Professor - Bachelor's of Physiotherapy
 - Physiotherapy in Traumatology
- dal 2023 **Hockey Club Lugano** Lugano, Switzerland
Sports and Exercise Medicine Physician
 - Consultant
 - Sports Trauma and Rehabilitation
 - Athlete Screening
- dal 2022 **Clinica Ars Medica - Centro dello Sport - Swiss Olympic Medical Center**
Gravesano - Manno, Switzerland
Sports and Exercise Medicine Physician
 - Sports Trauma and Rehabilitation
 - Sports Cardiology
 - Athlete Screening
 - Musculoskeletal Ultrasound (MSK-US)
 - Ultrasound Intra-Articular Guided Injections
 - Regenerative Medicine
 - Cardiopulmonary Exercise Test (CPET)

2022	Isokinetic Medical Group – FIFA Medical Centre of Excellence Bologna - Milano, Italy Sports and Exercise Medicine Physician • Visiting Doctor • Sports Trauma and Rehabilitation
2021	Paris Saint-Germain Football Club Paris, France Sports and Exercise Medicine Physician • Resident • Medical Assistant and Internship • Thesis Project on Muscle Injuries
2017-2021	University of Pavia - Interdepartmental Centre of Biology and Sports Medicine Pavia, Italy Sports and Exercise Medicine Physician • Resident • Sports Trauma and Rehabilitation • Sports Cardiology • Sports Radiology • Athlete Screening • Cardiopulmonary Exercise Test (CPET) • Exercise Prescription • Sports Science
2019	Aspetar Orthopaedic and Sports Medicine Hospital - FIFA Medical Center of Excellence Doha, Qatar Sport and Exercise Medicine Physician • Resident • Medical Assistant and Internship • Sports Trauma and Rehabilitation • Sports Radiology • Athlete Screening • Regenerative Medicine • Sports Science
2010-2016	Circolo Fondazione Macchi Hospital University of Insubria Varese, Italy Medical Assistant • Internal Medicine Department • General and Toracic Surgery Department • Pediatric Medicine Department • Orthopaedic and Traumatology Department

Formazione

2026	Advanced Training in Musculoskeletal Interventional Ultrasound SIUMB - The Rizzoli Orthopaedic Institute (IOR), Bologna, Italy
2024-2025	Master's Degree in Sports Cardiology University of Padova, Padova, Italy
2024	Advanced Training in Ultrasound Intra-Articular Guided Injections J medical, Torino, Italy
2024	Cardiopulmonary Resuscitation and Emergency Defibrillation in Adults and Paediatrics Patients IRC - ERC - ILCOR, Milano, Italy
2023	Advanced Training in Cardiopulmonary Exercise Test (CPET) Monzino Cardiological Center University of Milan, Milano, Italy
2023	Advanced Training in Treatment of Tendinopathy Percutaneous Electrolysis Ultrasound Guided J medical, Torino, Italy
2022-2023	Master's Degree in Sports Orthopaedic and Trauma University of Bologna - Humanitas University of Milan, Bologna - Milano, Italy
2021	Advanced Training in Musculoskeletal Ultrasound (MSK-US) SIUMB - The Maggiore Hospital, Bologna, Italy
2017-2021	Sports and Exercise Medicine University of Pavia, Pavia, Italy
2016	Degree in Medicine and Surgery University of Insubria, Varese, Italy

Pubblicazioni

- 2025 **Hamstring T-Junction surgical repair: an elite footballer's return to play journey through a new football centered complex approach**
• **Authors** Massimo Zanovello, Mattia Bianchi, Lasse Lempainen, Marano Marco, Franco Bidoglio, Luis Suarez Arrones
• **Journal Name** International Journal of Sports Physical Therapy (IJSPT) - Case Reports
• **Volume, Issue and Pages** 20(5):727-74
- 2024 **Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life**
• **Authors** Franco Bidoglio, Roberto Bottinelli, Maria Rita Gualea
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 77(3):390-402
- 2023 **La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse**
• **Authors** Franco Bidoglio, Peter Jenoure
• **Journal Name** Sports & Exercise Medicine Switzerland Journal (SEMS Journal)
• **Volume, Issue and Pages** December 2023
- 2023 **Sem around the world**
• **Authors** Franco Bidoglio
• **Journal Name** British Journal of Sports Medicine - Open Sport & Exercise Medicine
• **Volume, Issue and Pages** September 2023
- 2022 **Specific Sports Related Injuries**
Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running
• **Authors** Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio
• **Volume, Issue and Pages** CH.14(187-196)
• **Publisher** Springer
- 2021 **Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support**
• **Authors** Franco Bidoglio, Carmine Stefano Poerio, Massimo Testa, Roberto Bottinelli, Daniele Zaccaria
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 74(2):346-8
- 2021 **Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era**
• **Authors** Giovanni Camporeale, Esmeralda Eshja, Oronzo Catalano, Franco Bidoglio, Roberto Bottinelli, Daniele Zaccaria
• **Journal Name** Medicina dello Sport
• **Volume, Issue and Pages** 74(4):706-13
- 2019 **Sudden death in football: really so frequent or amplified media?**
• **Authors** Franco Bidoglio, Matteo Ceccaroli, Emanuele Facchinetti, Carmine Stefano Poerio, Federico Brunetti, Daniele Zaccaria, Roberto Bottinelli
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine
- 2019 **Ventricular extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path**
• **Authors** Carmine Stefano Poerio, Daniele Zaccaria, Emanuela Longa, Luigi D'Introno, Emanuele Facchinetti, Franco Bidoglio, Roberto Bottinelli
• **Journal Name** XXXVI National Congress of the Italian Federation of Sports Medicine

Presentazioni

Speaker and Guest at National and International Conferences

- Sports Medicine
- Rehabilitation
- Cardiology
- Orthopaedic and Traumatology
- Regenerative Medicine

Appartenenze

dal 2019	Italian Federation of Sports Medicine - FMSI <ul style="list-style-type: none">• Number 22277
2022	Mebeko, Switzerland <ul style="list-style-type: none">• GLN 760100156925
2017	Board of Physicians and Surgeons, Italy <ul style="list-style-type: none">• Board of Varese Province• Number 7715

Accreditamento

[Clinica Ars Medica](#)

[Ars Medica Manno](#)

[Ars Medica Agno](#)

Specialità

[Medicina dello sport](#)

Contatto

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