

Menu

ENJOYMENT & BALANCE

Dear Guests,

Our in-house bistro with its exquisite cuisine warmly welcomes not only our patients and their guests but also the general public. Let yourself be surprised by our daily changing menu and enjoy a balanced, seasonally inspired selection.

Our opening hours are as follows:

Monday to Friday: 8 a.m. to 8 p.m.

(large menu served from 11:30 a.m. to 2 p.m. and 5:30 p.m. to 7 p.m.)

Saturday: 8 a.m. to 7 p.m.

(large menu served from 11:30 a.m. to 2 p.m. and 5:30 p.m. to 7 p.m.)

Sunday: 8 a.m. to 5 p.m.

(large menu served from 11:30 a.m. to 2 p.m.)

From 2 p.m. until the kitchen closes we offer a **separate snack menu** for small appetites. You will find it at the end of this menu.

For our privately insured patients, the menu offerings are complimentary. Semi-privately insured guests enjoy their meals at a 50% discount (excluding breakfast).

If you have any questions or special requests, please do not hesitate to reach out to us – we are happy to assist you.

We look forward to welcoming you and wish you a pleasant stay at the Bethanien Private Clinic.

Warm regards,
Your Bistro Team







Soups and starters

Consommé with "Flädle" 	CHF	10.00
Genolier foundation wrap tuna guacamole Zurich tomatoes  (CHF 1.00 in favor of the foundation)	CHF	14.00
Seasonal leaf salad homemade herb vinaigrette   	CHF	14.00
Caesar salad	CHF	16.00
Scottish smoked salmon horseradish cream citrus gel Einkorn wheat  	CHF	20.00
Bistro bowl with tofu    Tofu avocado sesame carrots wakame mango sushi rice house dressing	CHF	22.00
Bistro bowl with tuna   Tuna avocado sesame carrots wakame mango sushi rice house dressing	CHF	28.00
Bistro bowl with salmon   Salmon avocado sesame carrots wakame mango sushi rice house dressing	CHF	26.00

Main courses and recommendations

Grisons dried beef house bread	CHF	21.00
Caesar salad with chicken	CHF	25.00
Caesar salad with giant prawns	CHF	27.00
Colourful stone fruit salad vegetables mozzarella pistachios  	CHF	28.00
Veal tartare truffle butter grilled flavours toast	CHF	32.00
Fish of the day herbsauce vegetables risotto 	CHF	38.00
Irish dry-aged beef entrecôte from John Stone BBQ sauce green vegetables potatoes 	CHF	36.00

Dessert

Fruit tart marinated fruit	CHF	6.00
Fruit variation   	CHF	10.00
Homemade tiramisu marinated fruits  	CHF	15.00
Small cheese platter pear nut bread chutney  	CHF	16.00
Scoop of ice cream sorbet The service team is happy to advise you on the flavor	CHF	4.00
Portion whipped cream Full cream or lactose-free	CHF	1.50

Breakfast until 11 a.m.

Croissant 	CHF	2.10
Butter corn lye whole grain		
Butter jam honey nutella	CHF	1.00
Yogurt  	CHF	2.50
French breakfast 	CHF	12.00
Croissant, butter, jam, one glas orange juice, hot beverage of your choice		
Café complet 	CHF	16.00
Bread, croissant, butter, jam, honey, yogurt, one glas orange juice, hot beverage of your choice		
Boiled egg (5 minutes)   	CHF	3.50
Scrambled eggs or fried eggs   	CHF	8.50
Omelette 	CHF	12.00
with tomatoes, cheese, ham and/or bacon		
Semolina porridge 	CHF	8.50
Fruit salad   	CHF	9.00
Bircher muesli Bethanien  	CHF	10.00
Cheese plate  	CHF	12.00
Smoked salmon 	CHF	12.00
Cold cuts  	CHF	16.00

Snack menu

For the small appetite in between, we serve a fine selection of light delicacies daily from 2 p.m. until kitchen closing time. Whether a hearty snack or something sweet with your coffee – our snack menu has something to suit every taste.

Sandwich with ham, salami, tomato-mozzarella or cheese	CHF	8.50
Sandwich with salmon or Grisons dried beef	CHF	9.50
Vegetable cream soup marinated vegetables Cashew  	CHF	14.00
Free-range lamb's lettuce egg bacon French dressing	CHF	16.00
Saffron risotto Cedri lemon mascarpone  	CHF	26.00
Seetal veal tartare truffle butter grilled flavours toast	CHF	32.00
Fruit tart	CHF	6.00
Cake	CHF	6.00
Homemade tiramisu marinated fruits  	CHF	15.00

If you have any food intolerances, allergies or special dietary requirements, our bistro team will be happy to advise you. Our baked goods are sourced from Switzerland. Prices include 8.1% VAT.

 Gluten-free  Lactose-free  Vegetarian